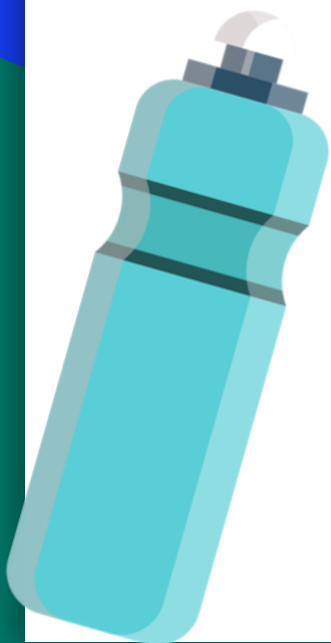


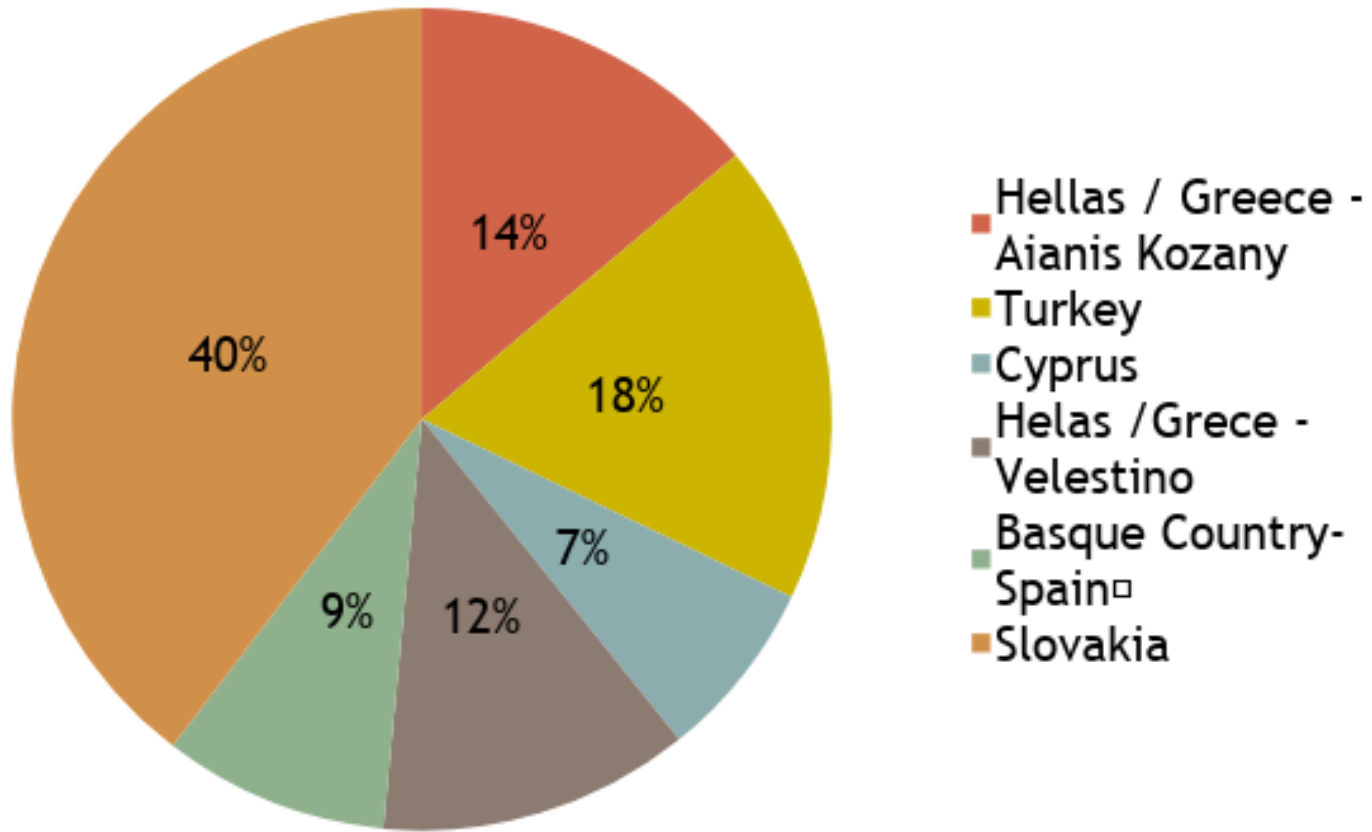
PAST HABITS DIETS



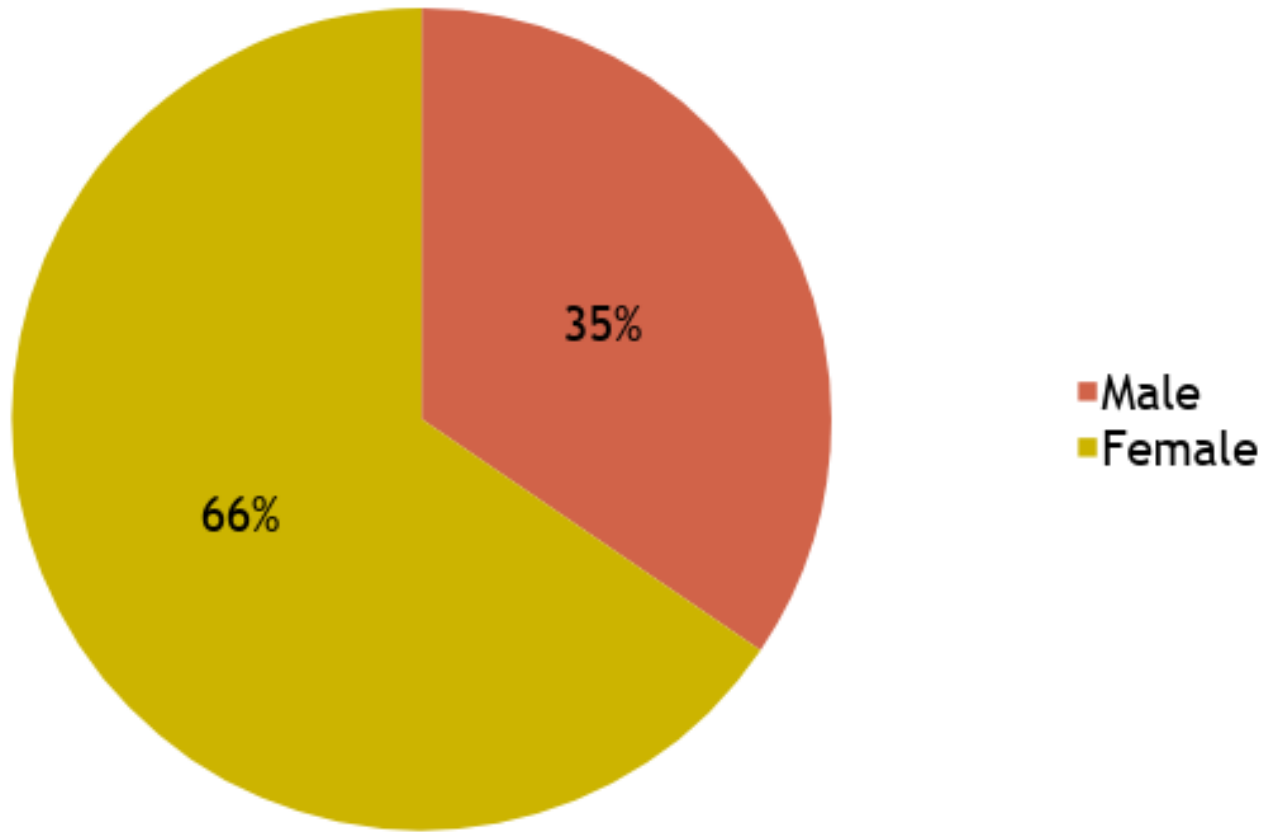
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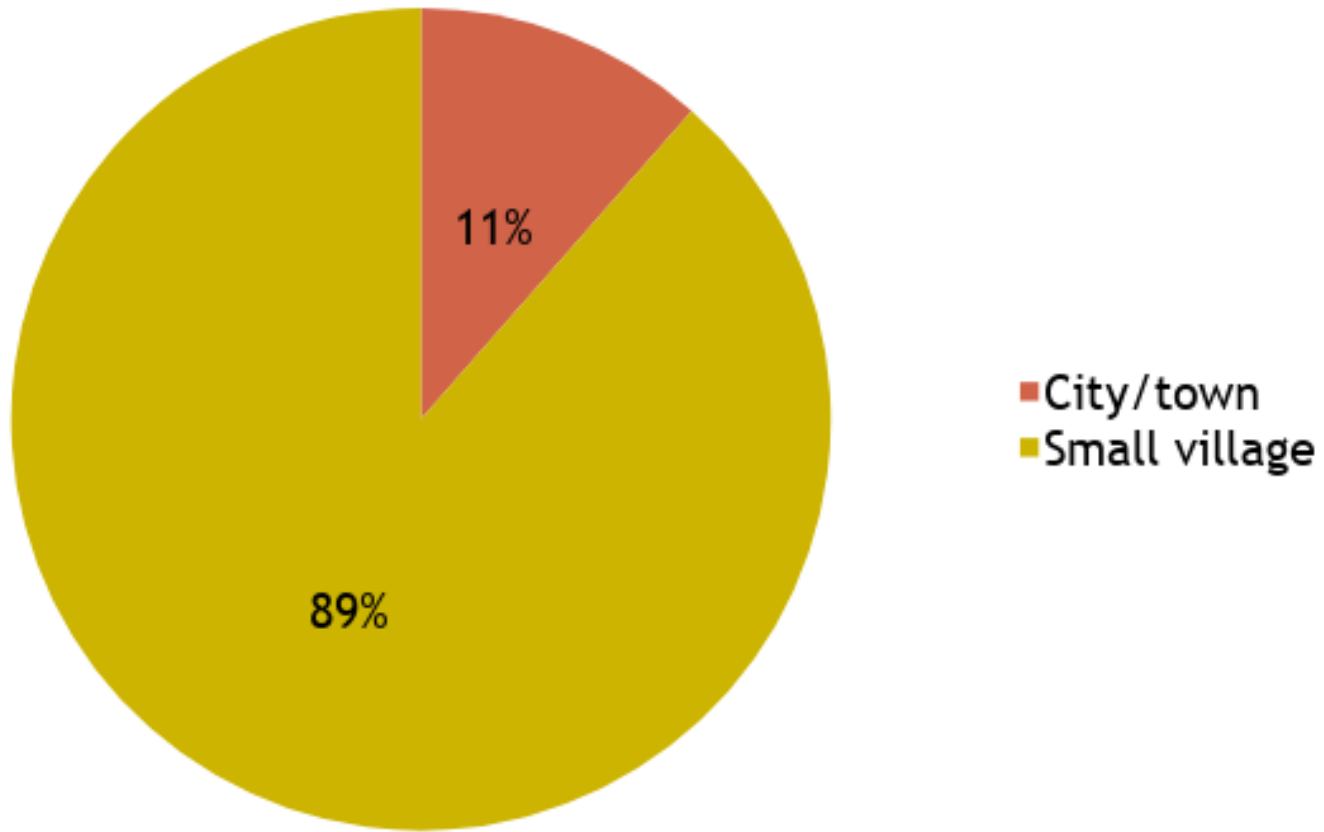
COUNTRY



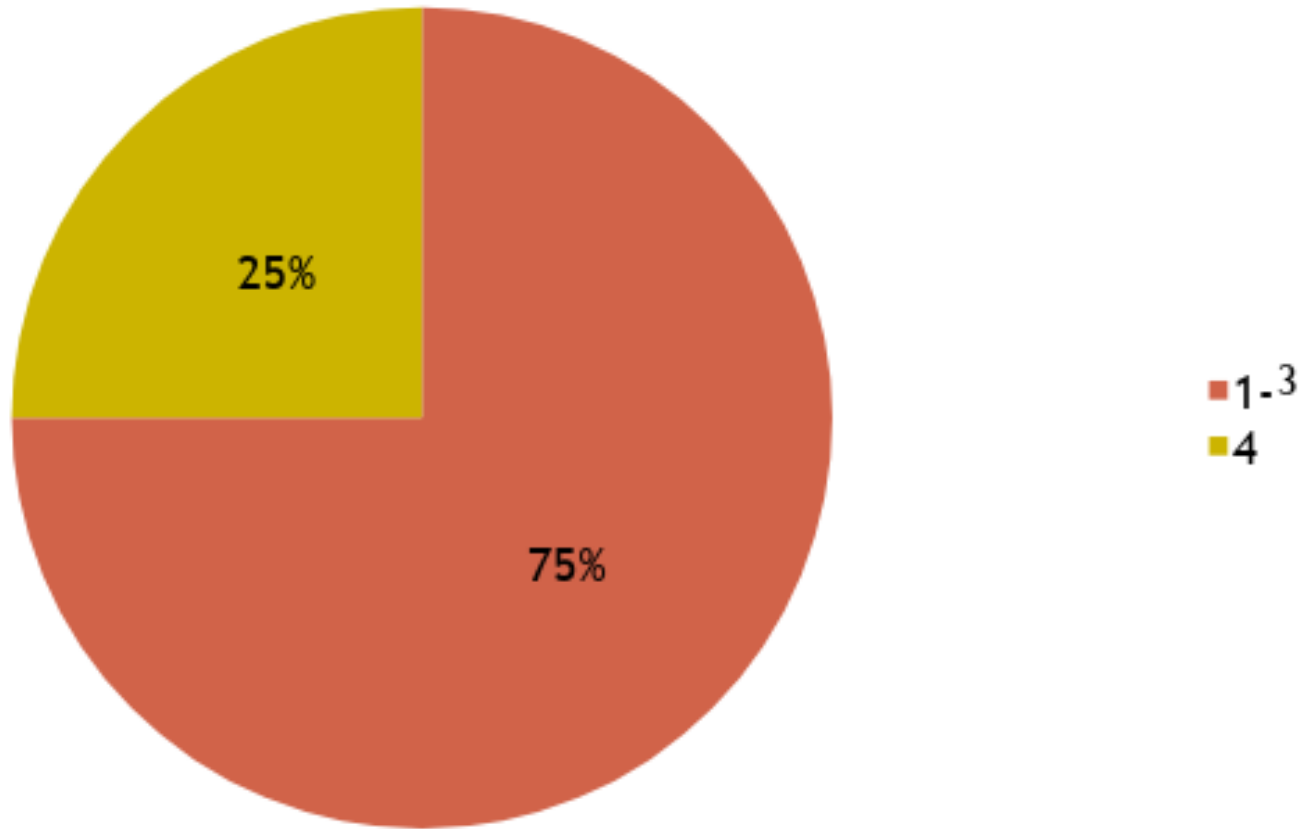
GENDER



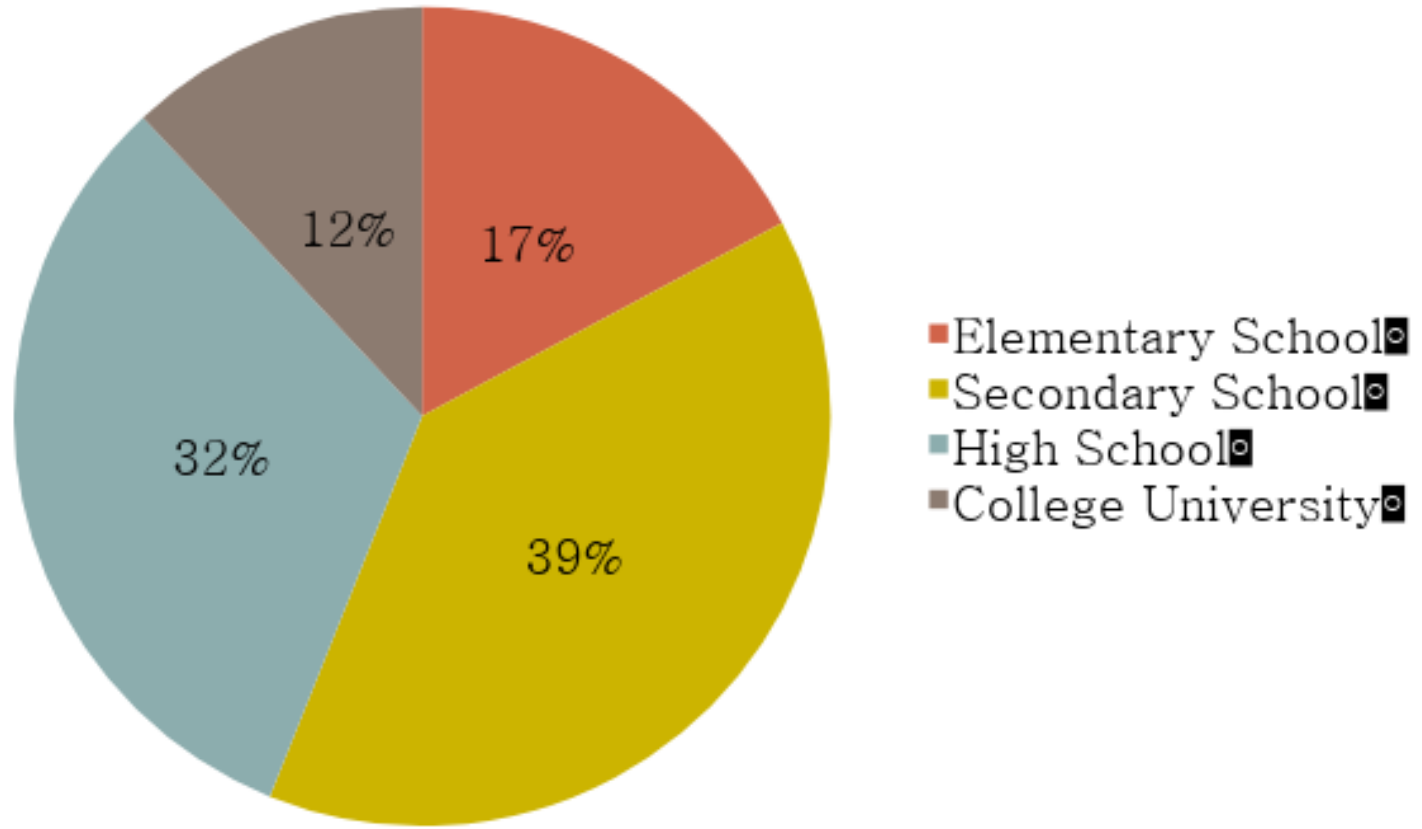
WHERE DID THEY LIVE?



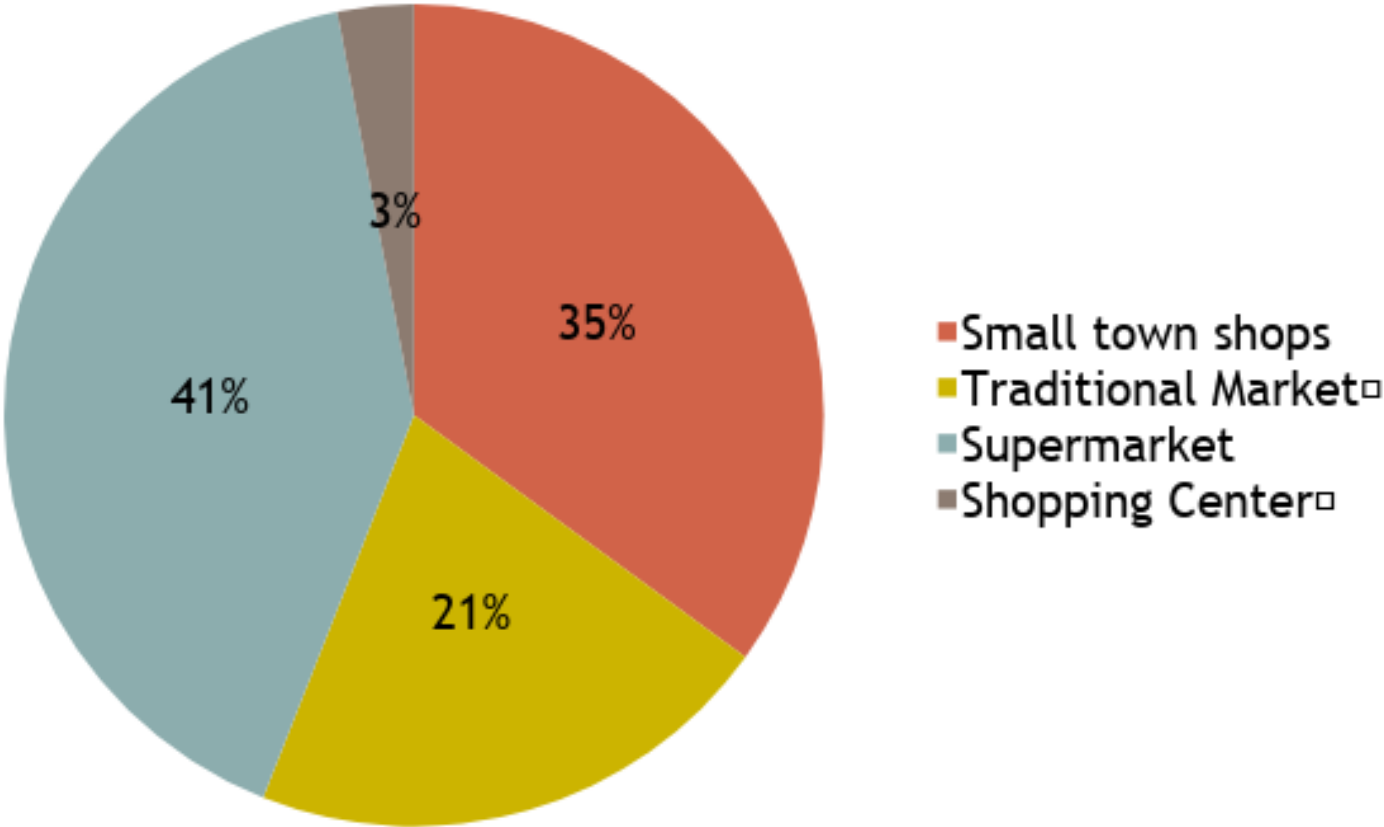
HOW MANY CHILDREN DOES THEY HAVE ?



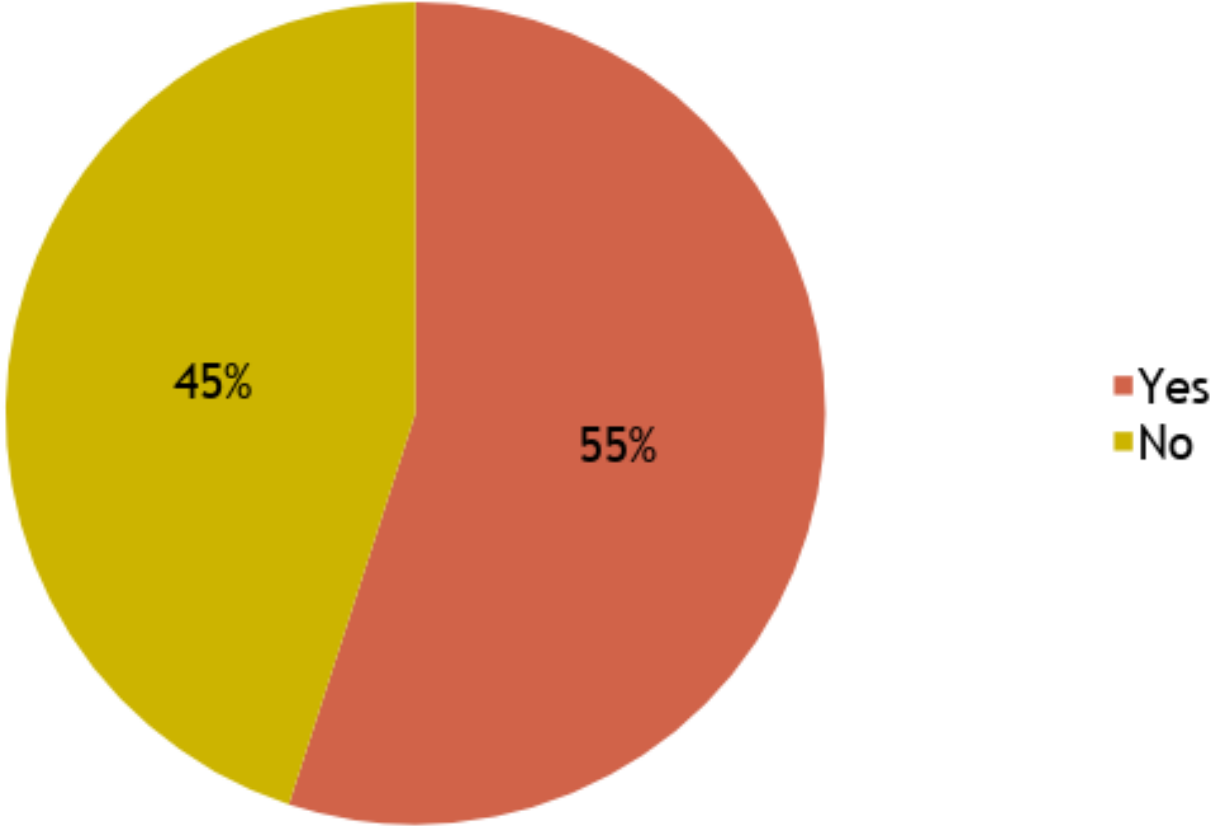
STUDY LEVELS AND DEGREES



WHERE DID THEY USUALLY BUY THE FOOD?



DID YOU USE TO BUY FOOD FROM OTHER COUNTRIES? (FRUITS, VEGETABLES...)



WHAT KIND OF FOOD DID YOU BUY?

food from other countries

food from abroad

of them

birşey almadım

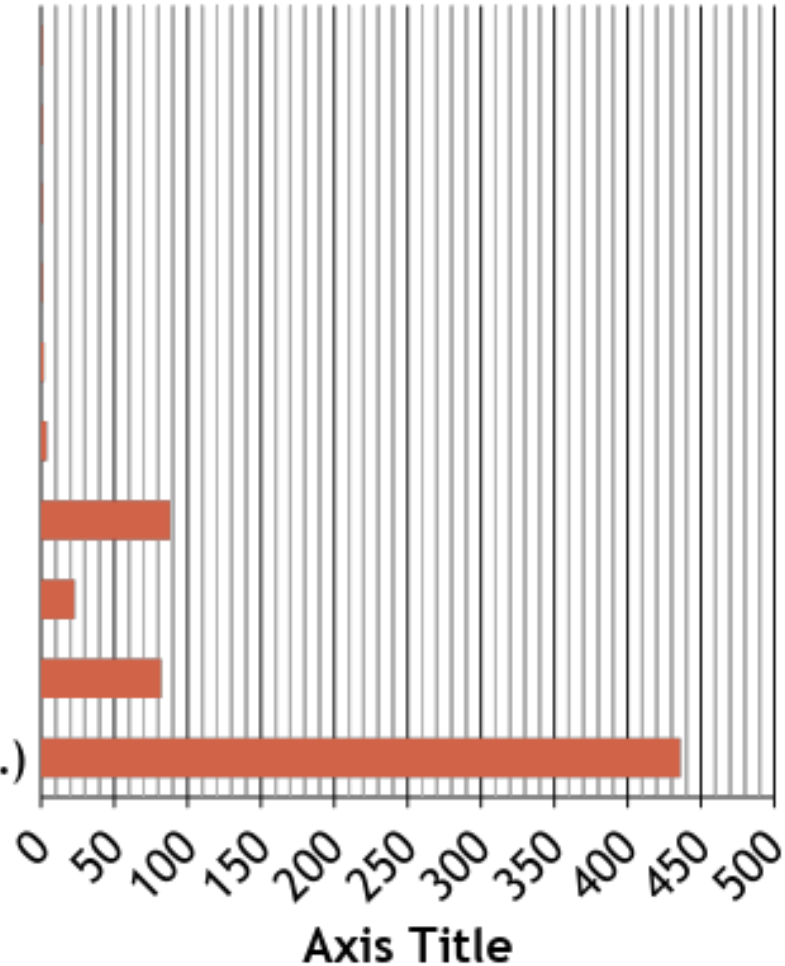
birşey almadım

zen food

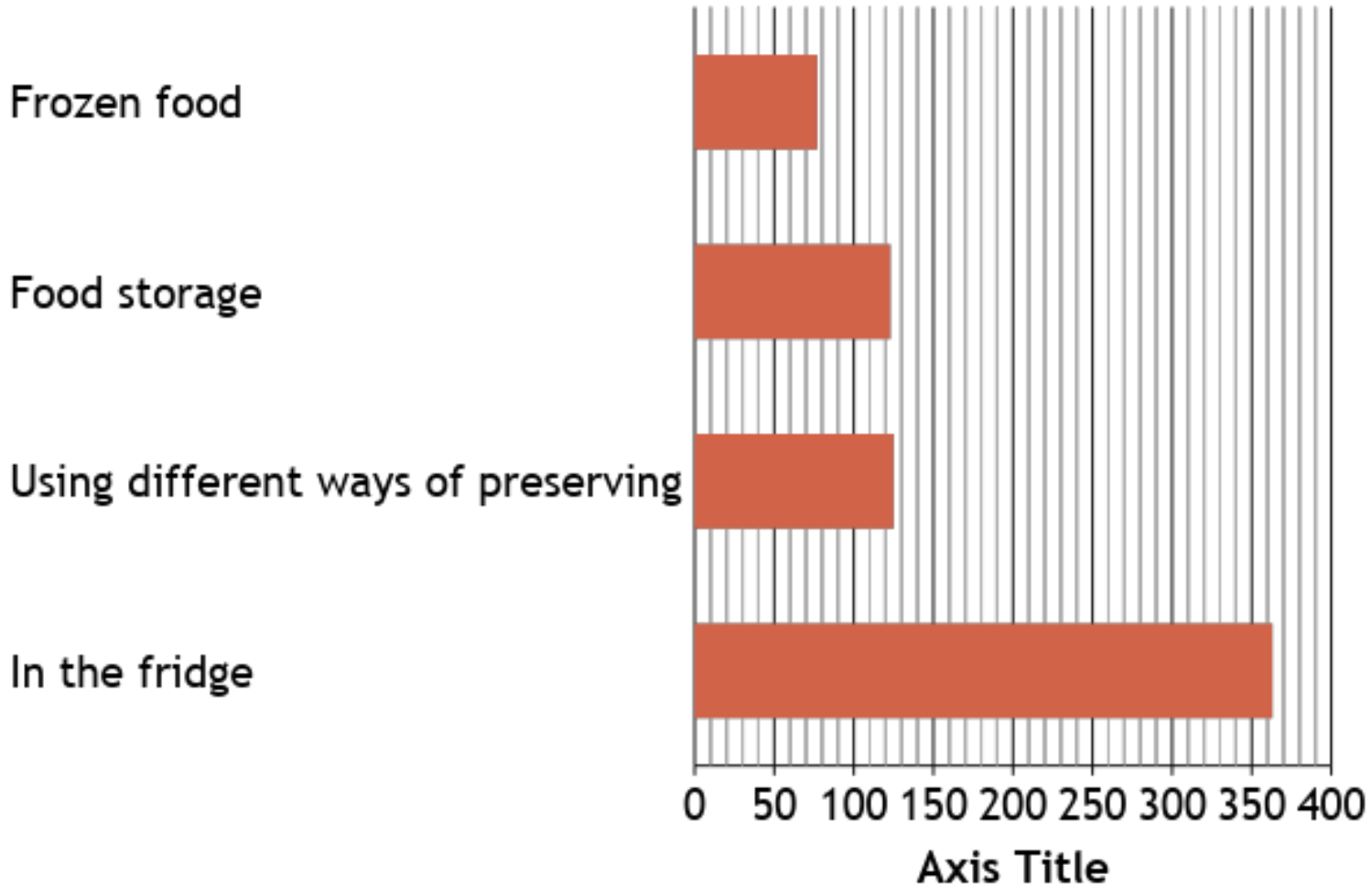
-cooked food

:ked food

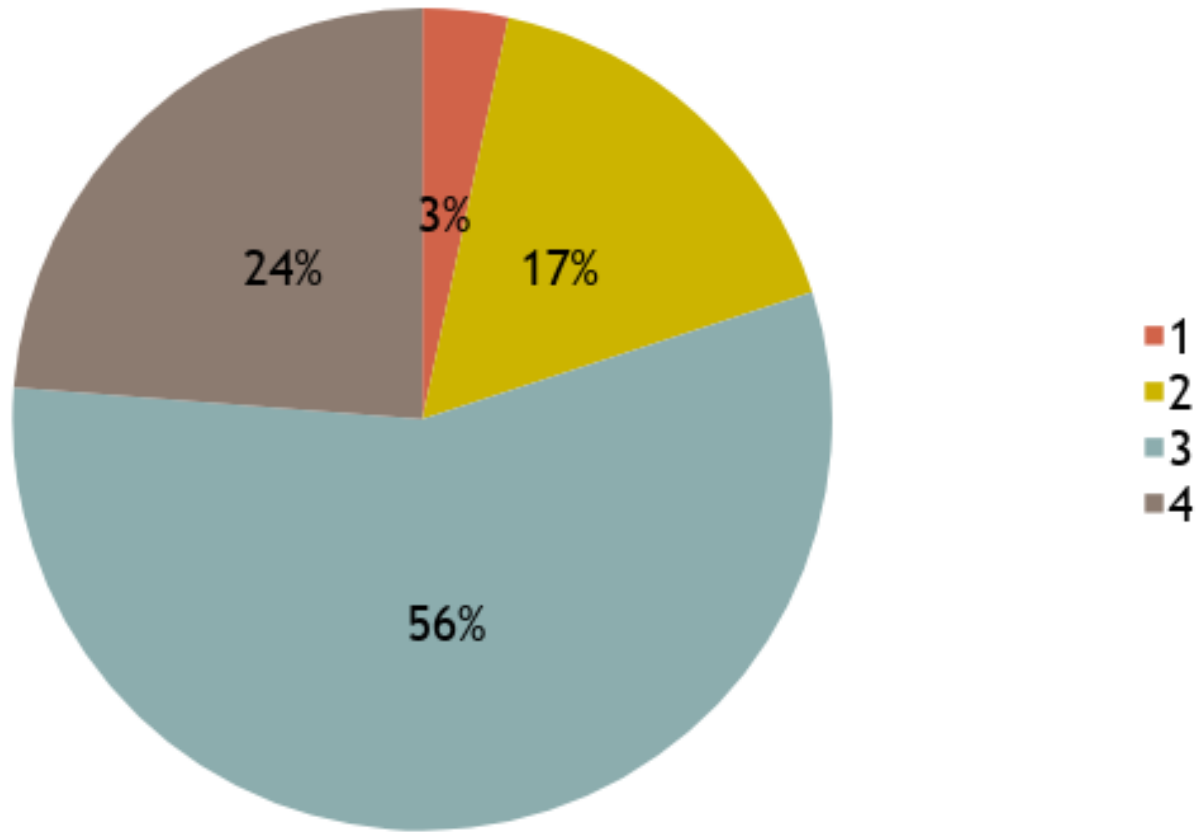
sh food (meat, fruits,vegetables...)



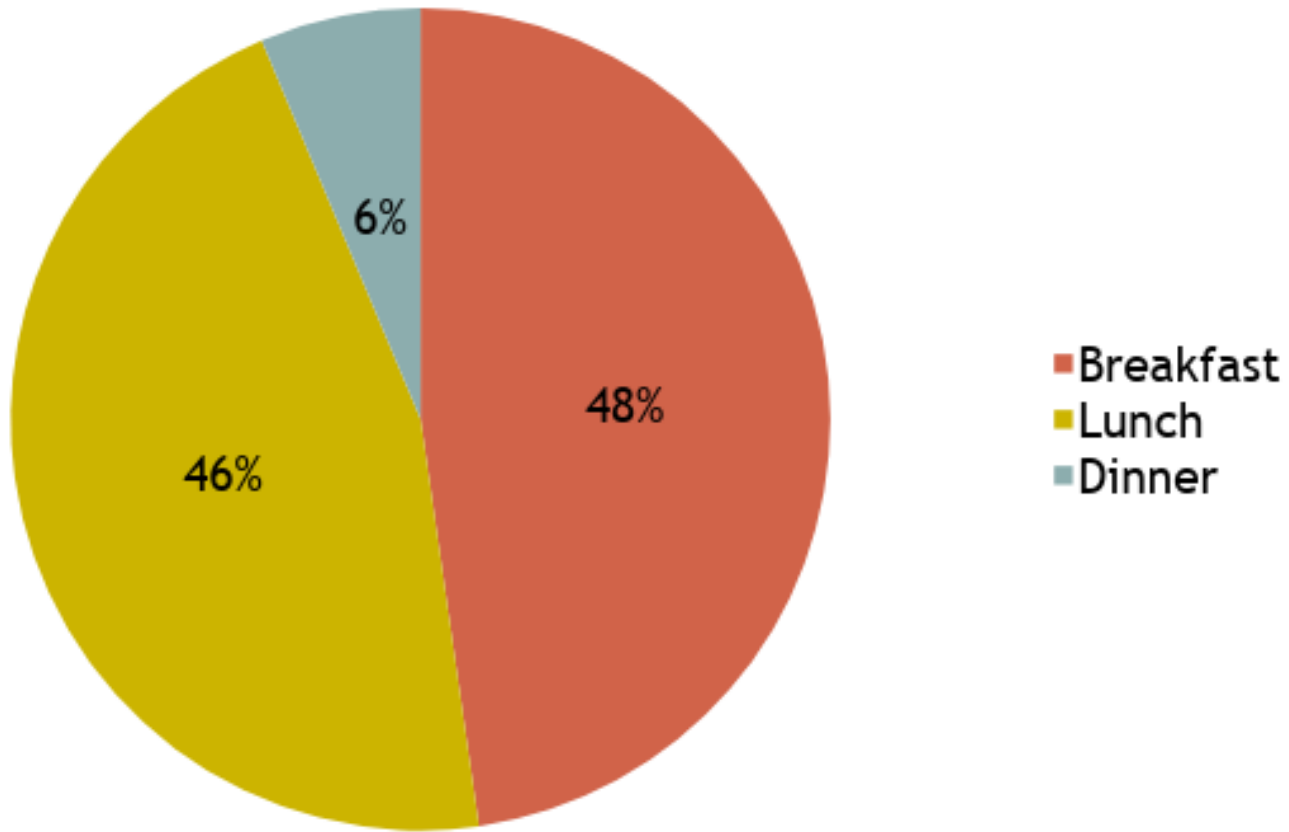
HOW DID YOU PRESERVE THE FOOD AT YOUR HOME?



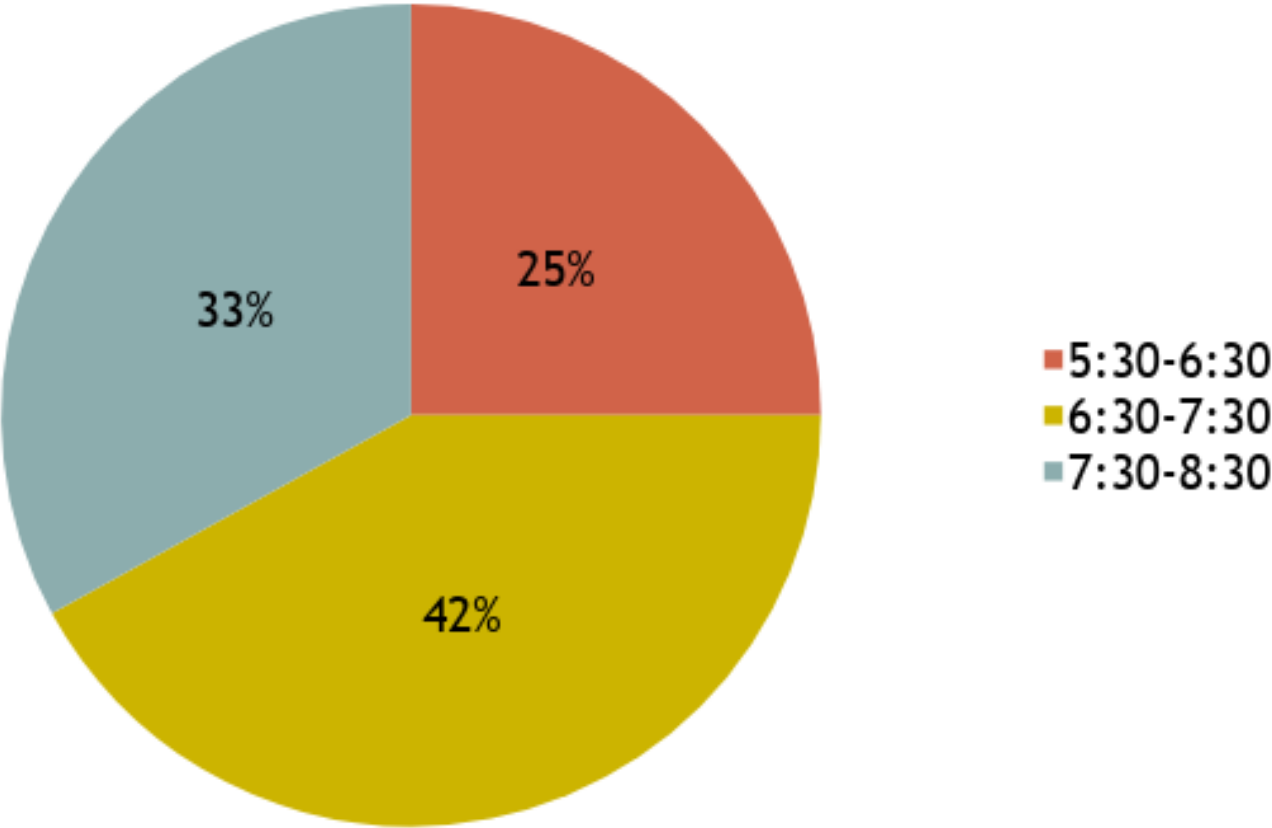
HOW MANY MEALS DID YOU HAVE PER DAY?




WHICH MEAL WAS THE MOST IMPORTANT MEAL OF THE DAY?



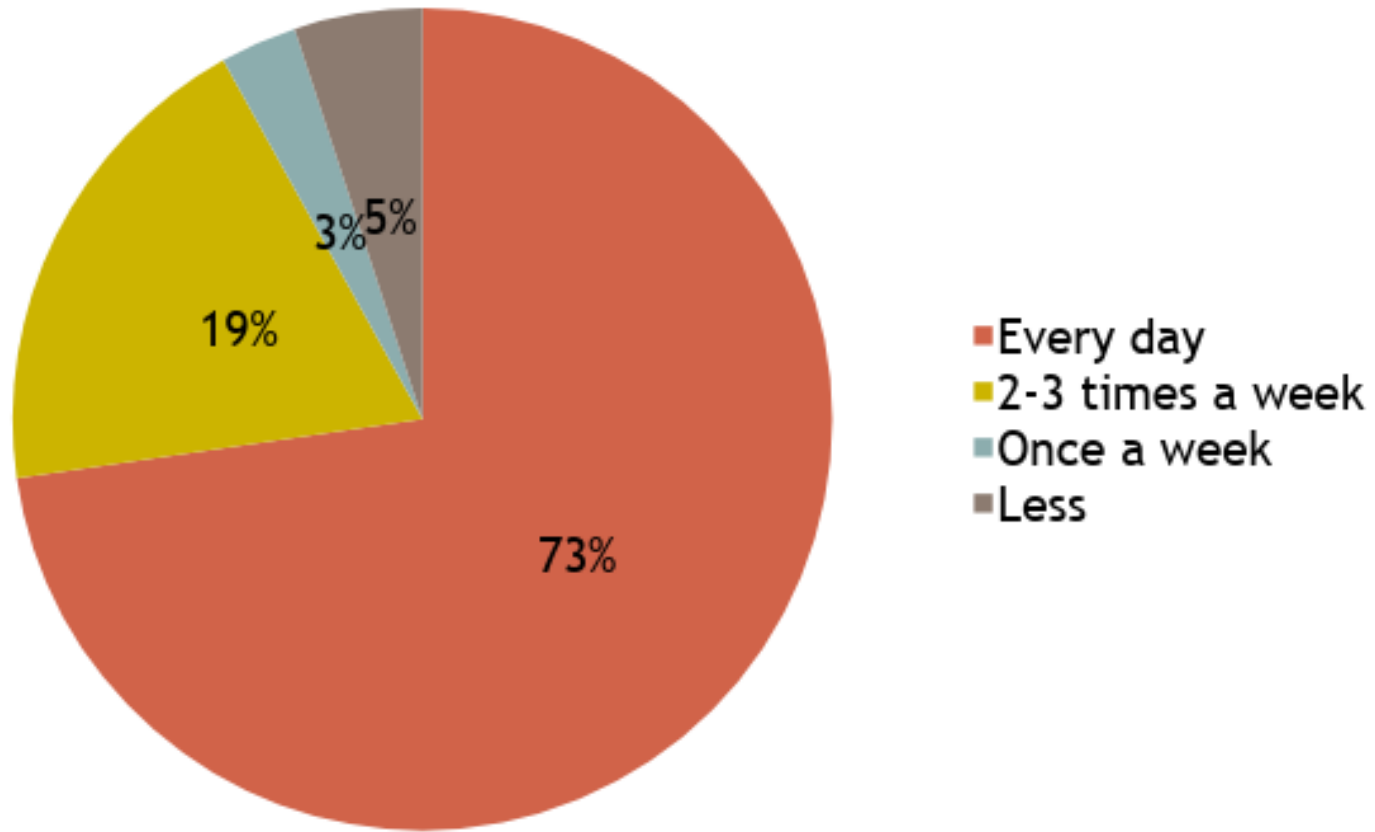
WHAT TIME DID YOU EAT YOUR BREAKFAST?



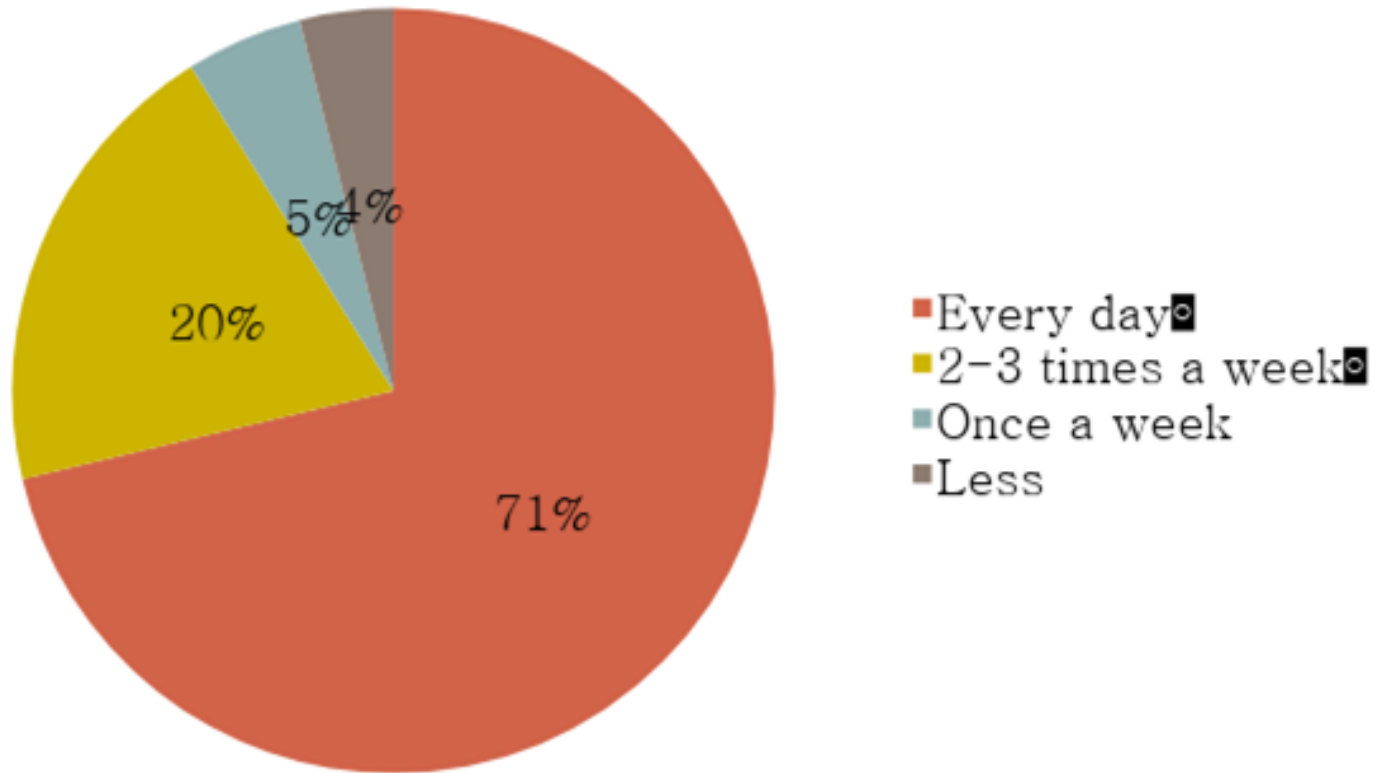


HOW OFTEN DID YOU EAT
THE FOLLOWING FOR
BREAKFAST?

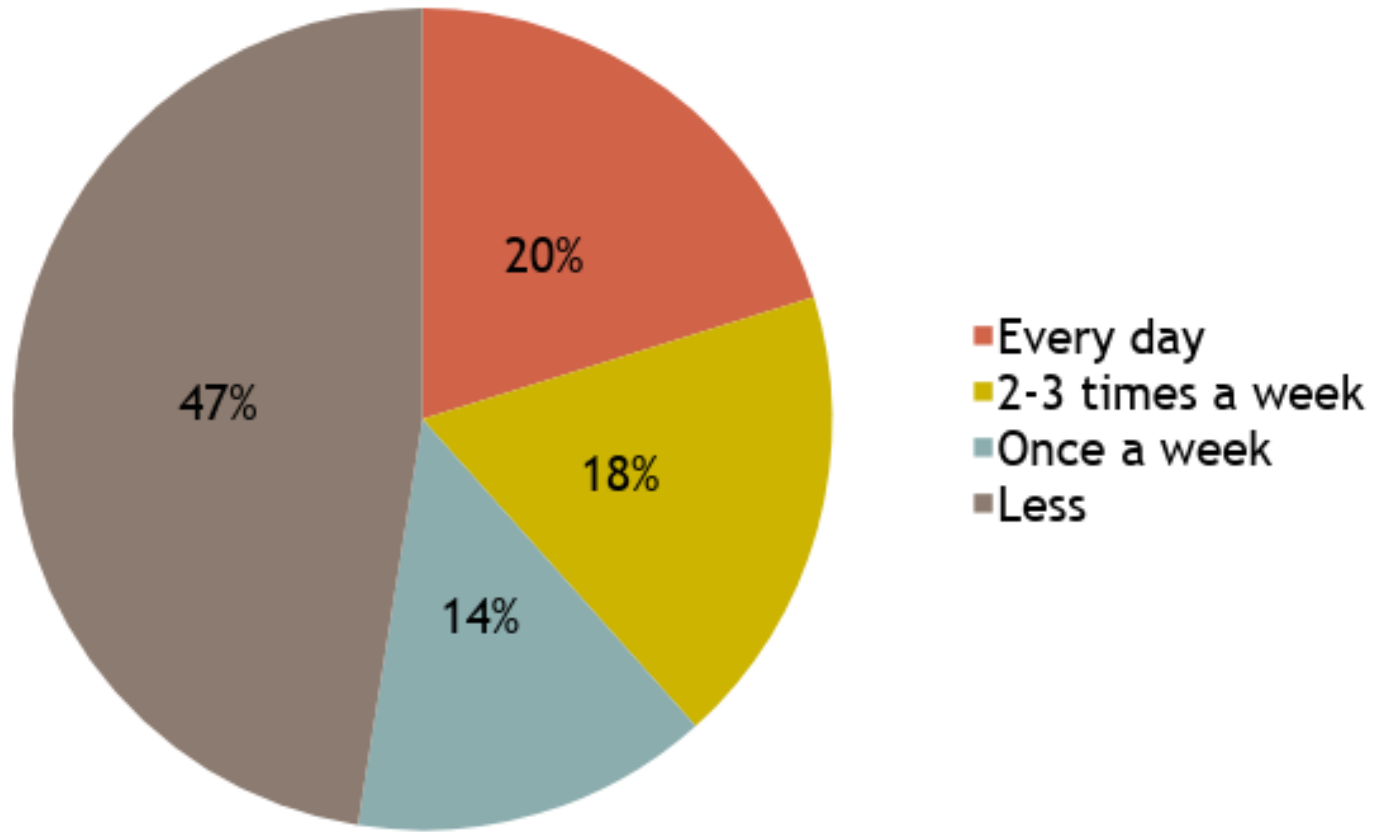
MILK / COFFEE / TEA



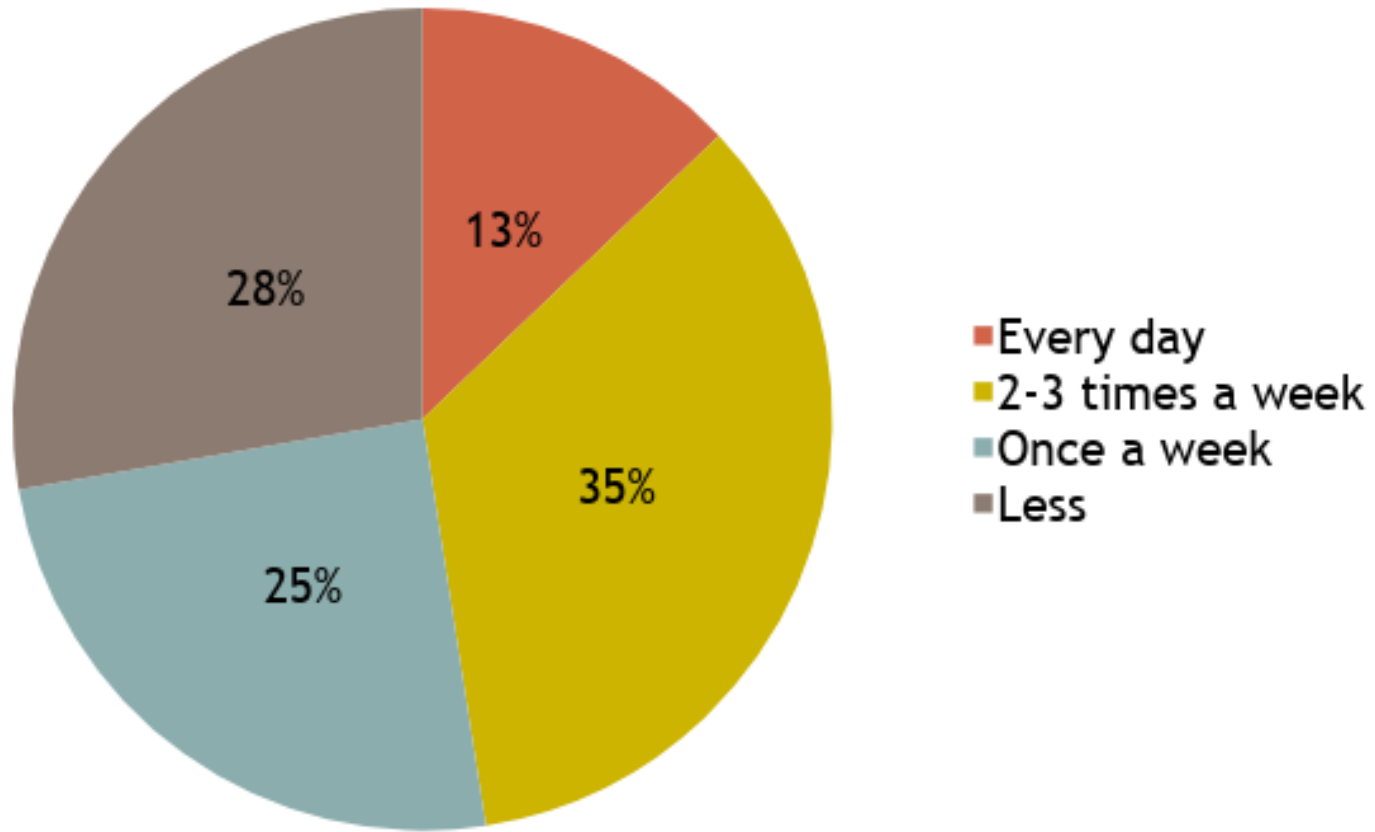
BREAD



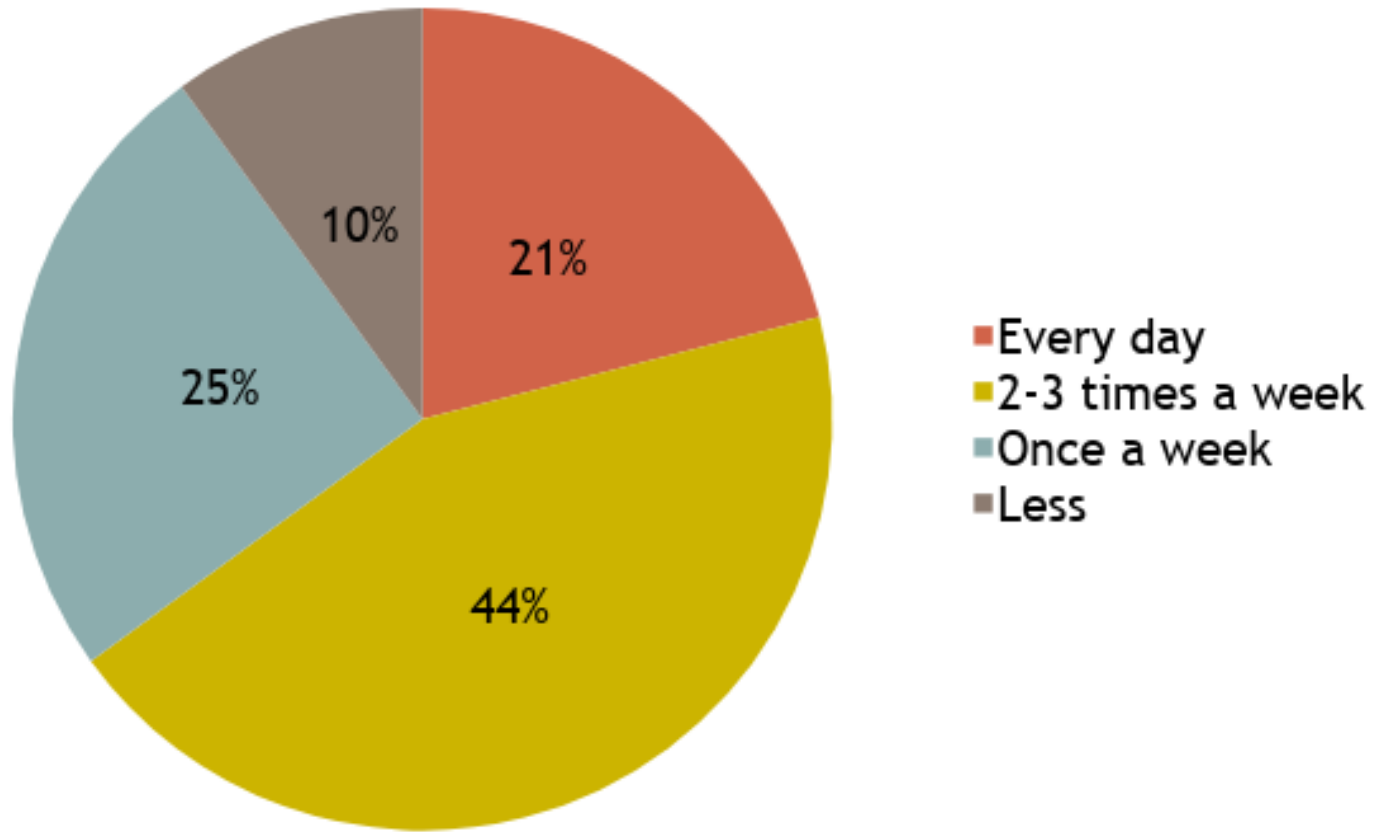
OLIVES



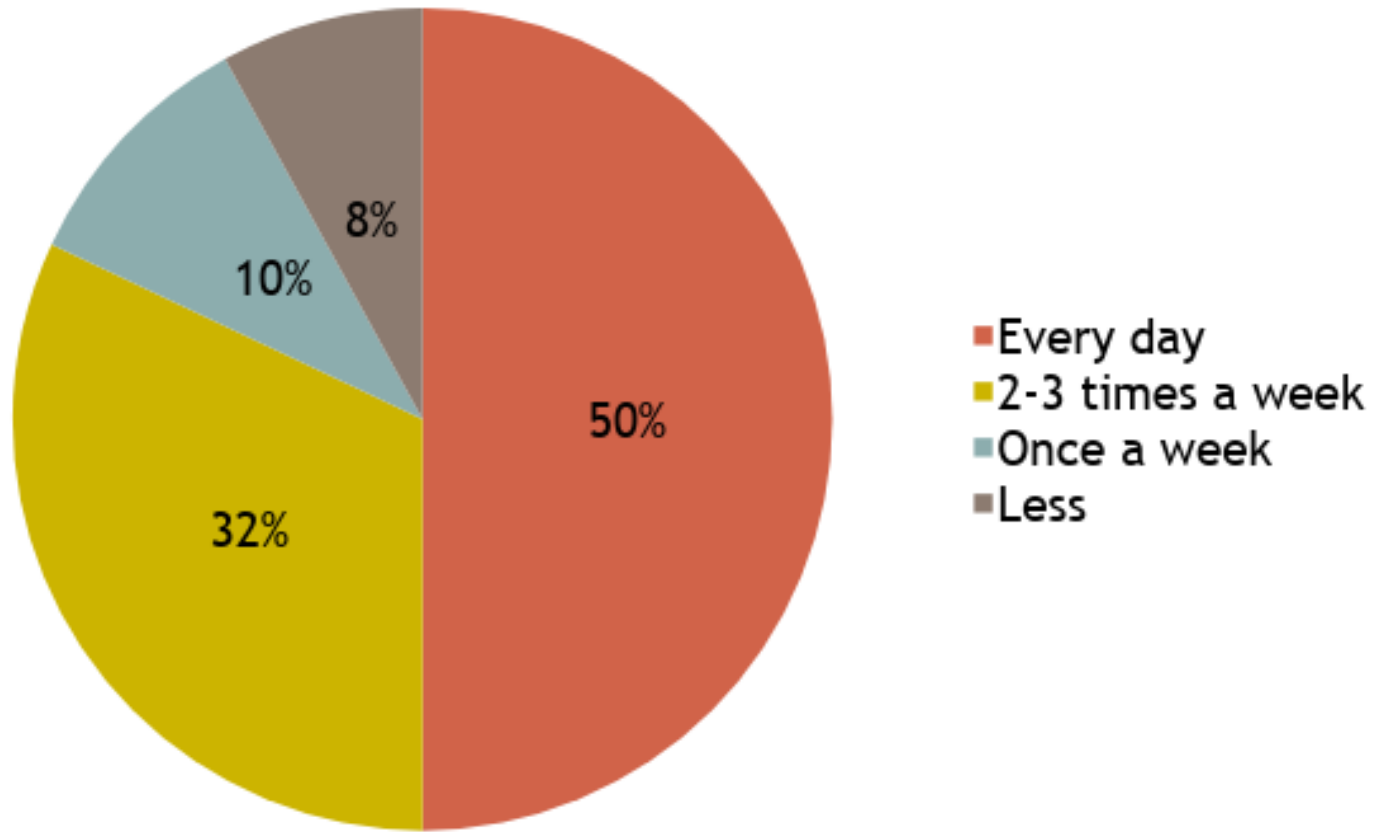
CHEESE



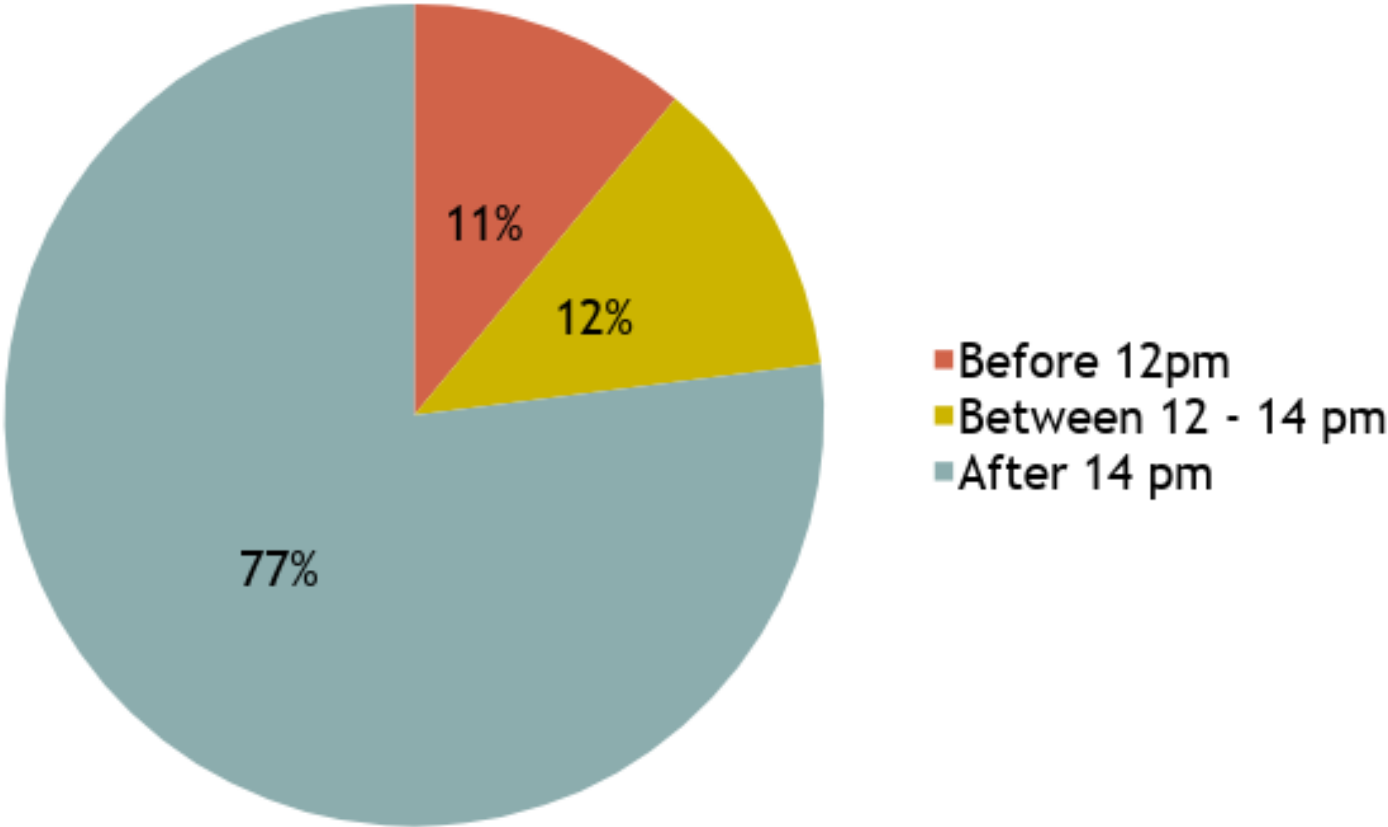
EGGS



FRUIT AND VEGETABLES



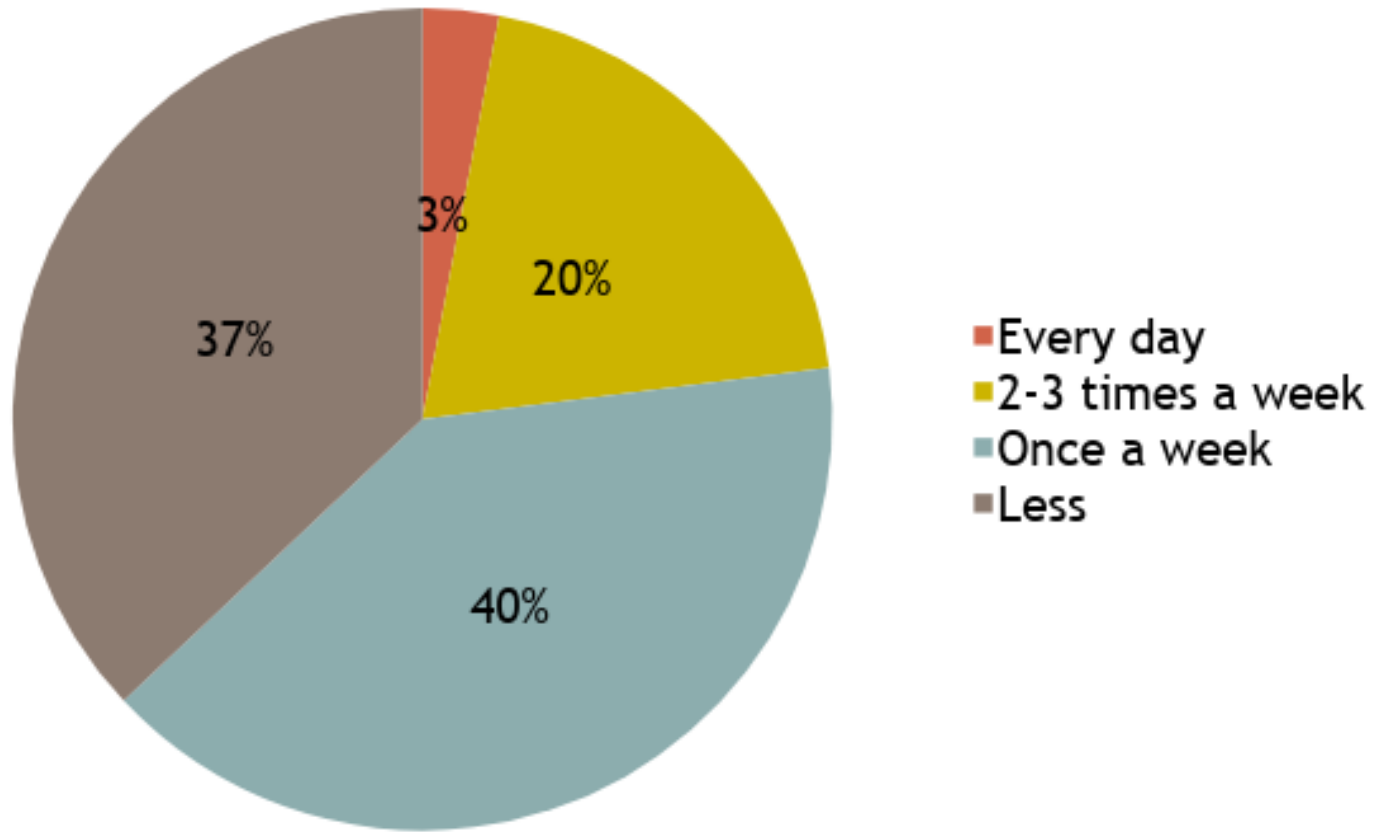
WHAT TIME DID YOU EAT YOUR LUNCH?



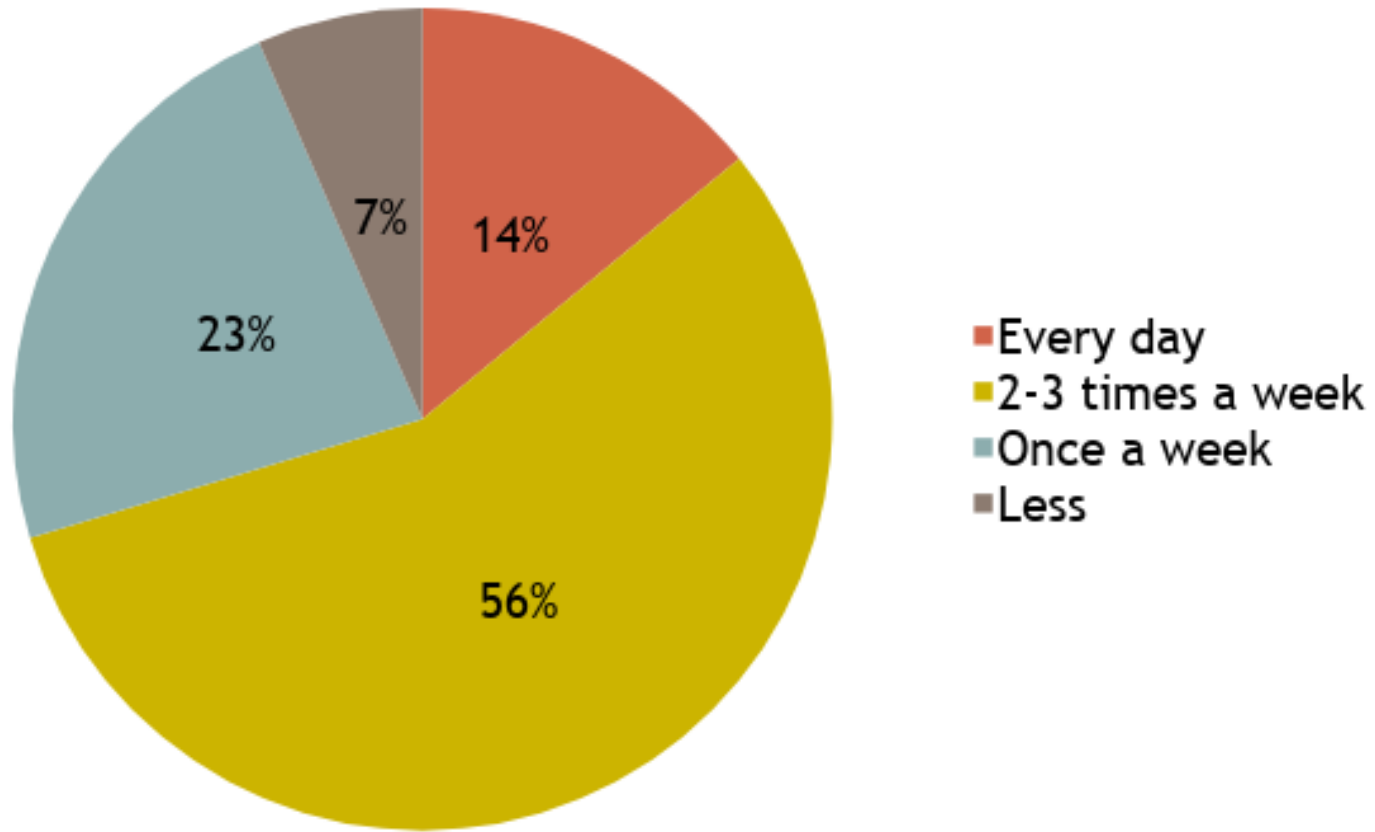


HOW OFTEN DID YOU EAT
THE FOLLOWING FOR
LUNCH?

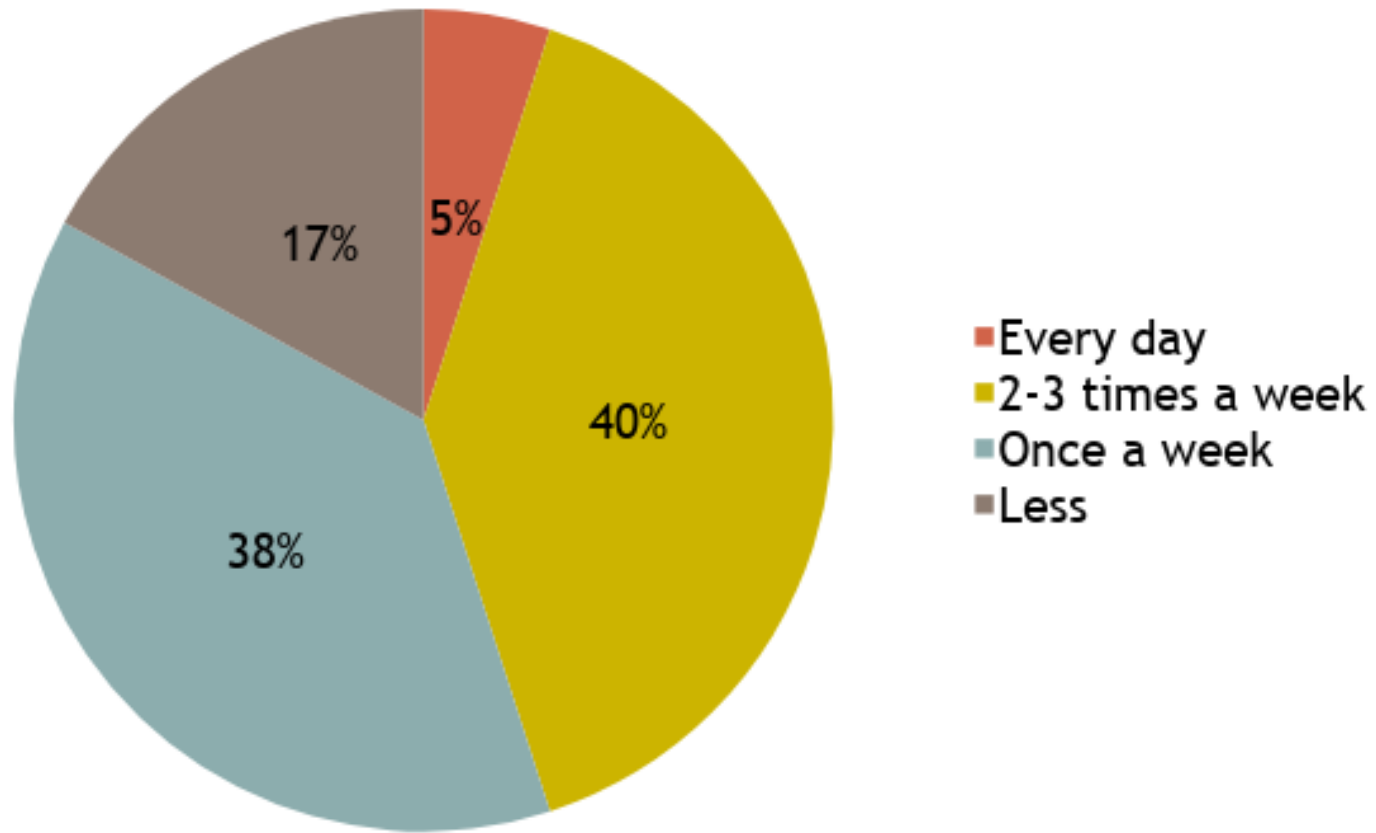
FISH



MEAT

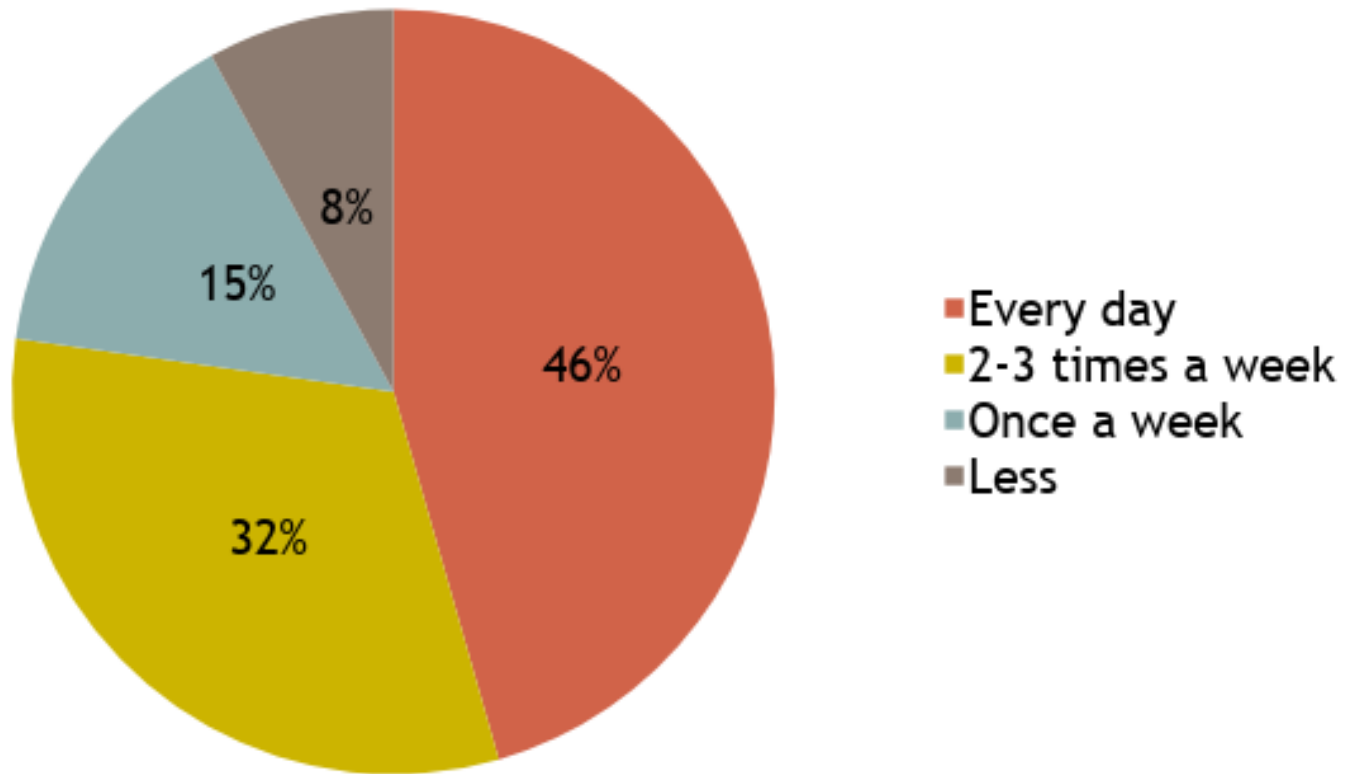


PASTA

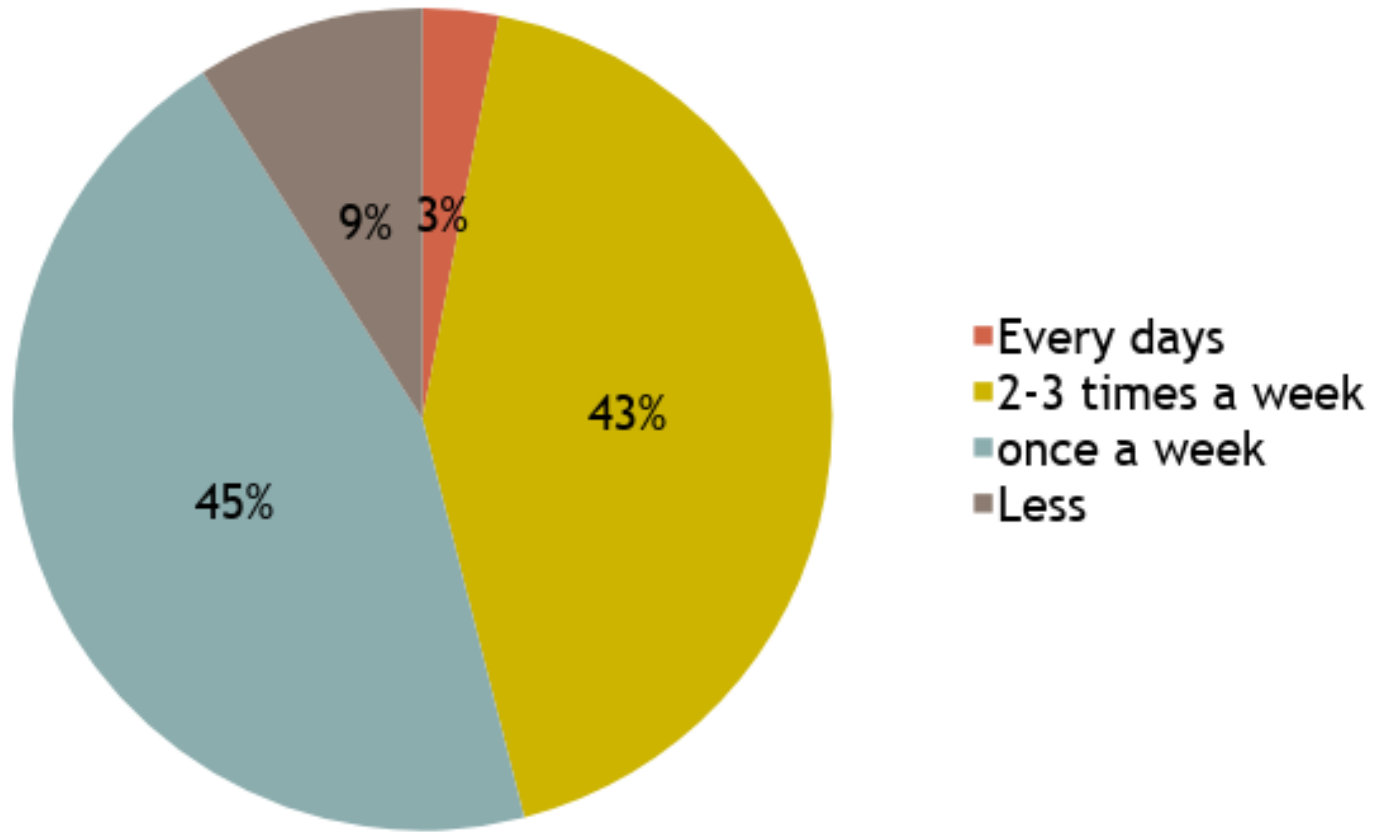


VEGETABLES AND SALADS

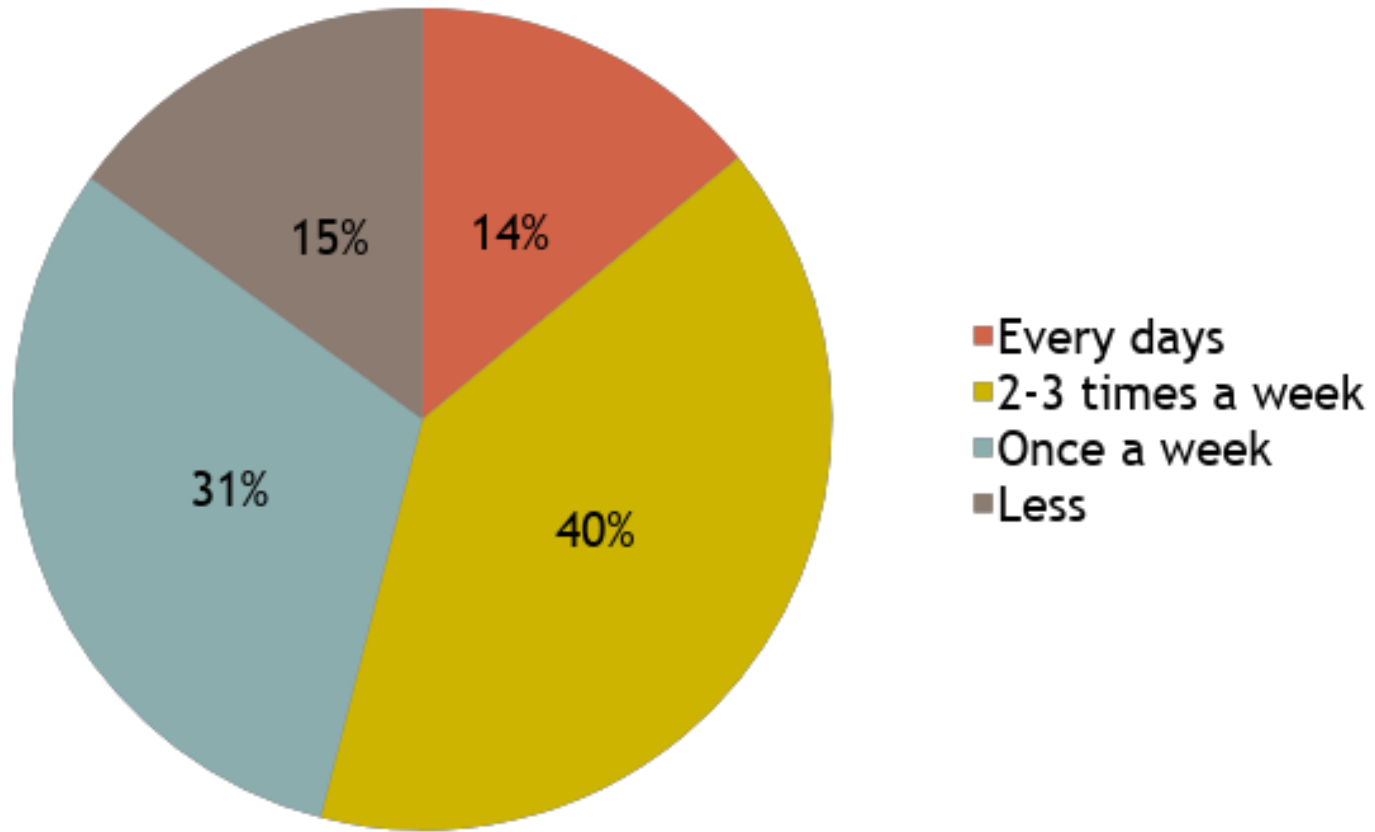
Ventas



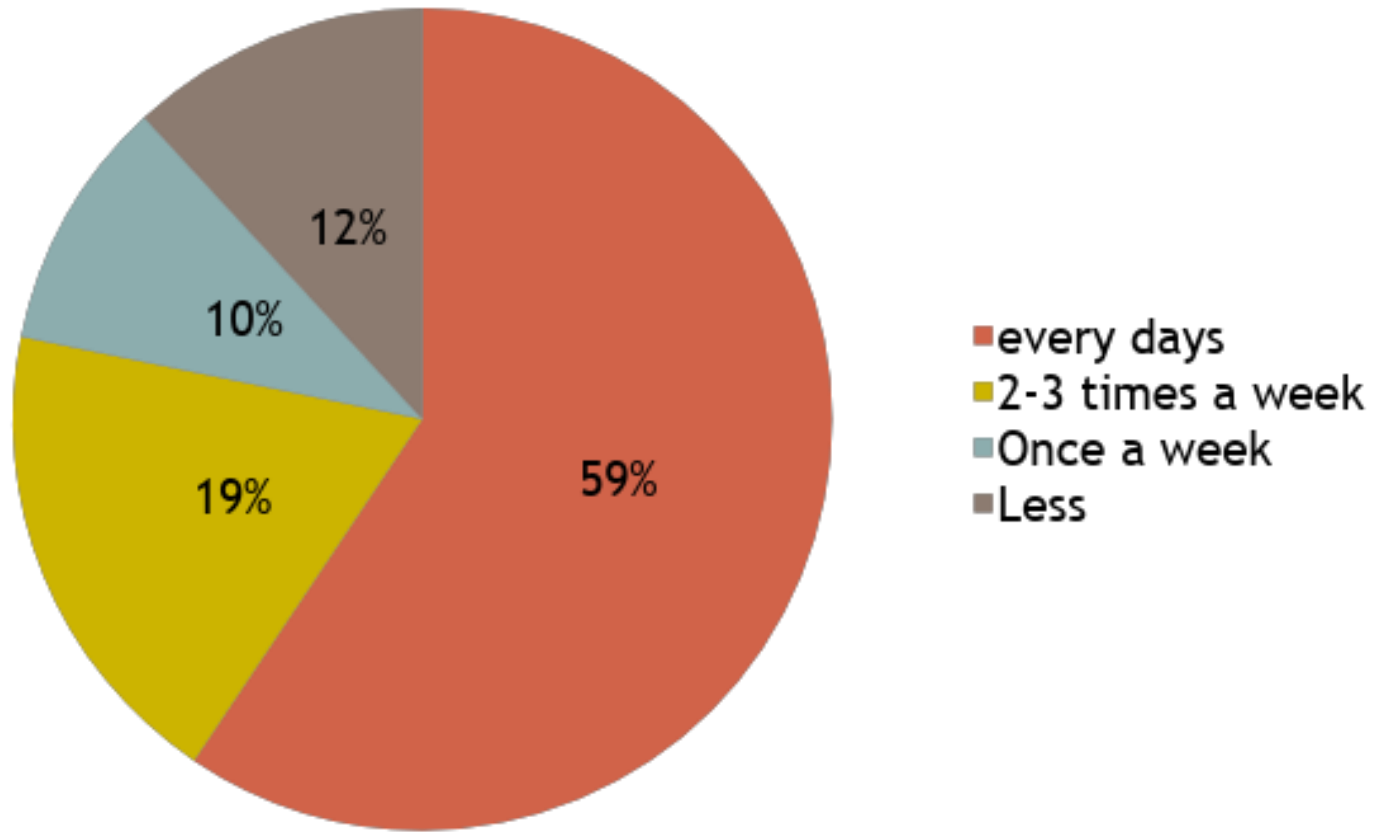
CHICKEN



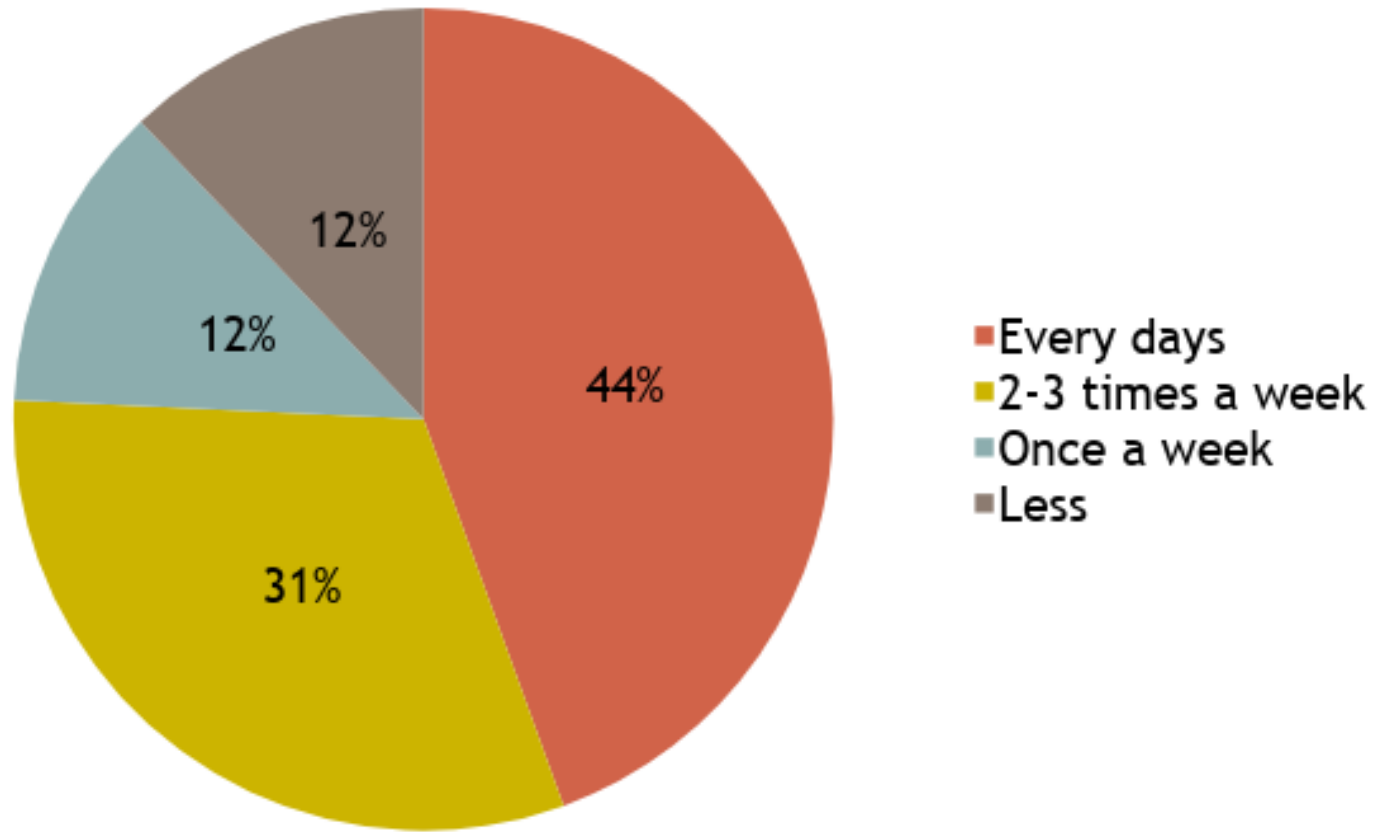
EGGS



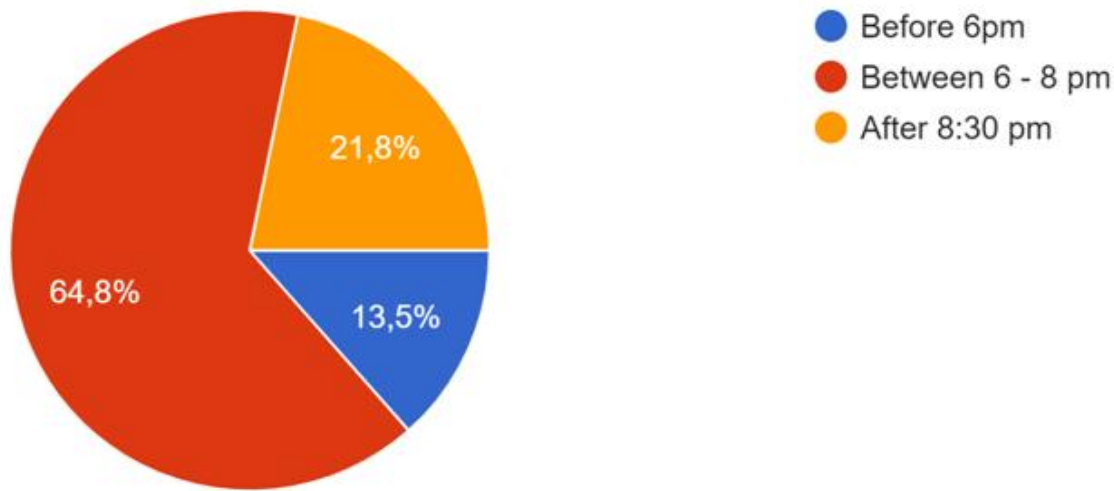
BREAD



FRUIT



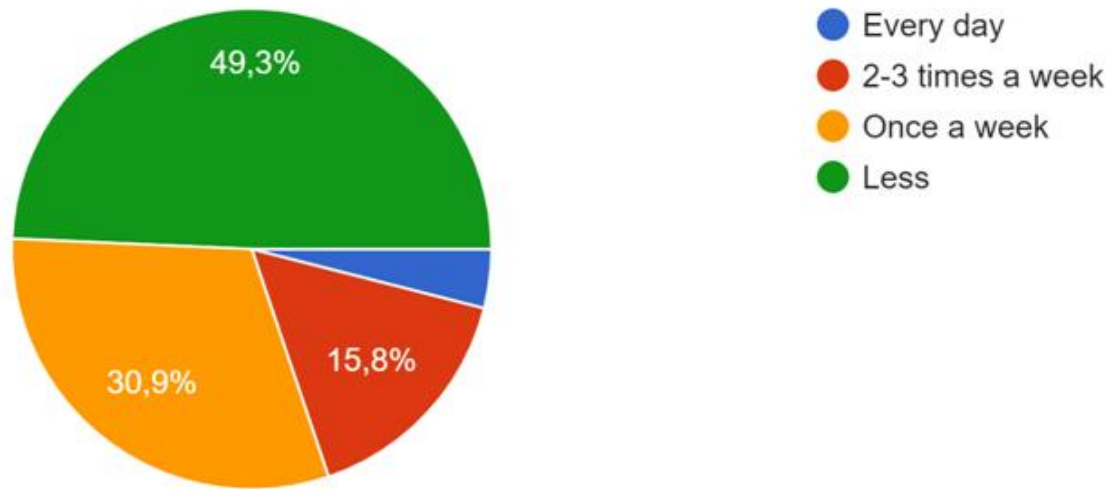
WHAT TIME DID YOU EAT YOUR DINNER?



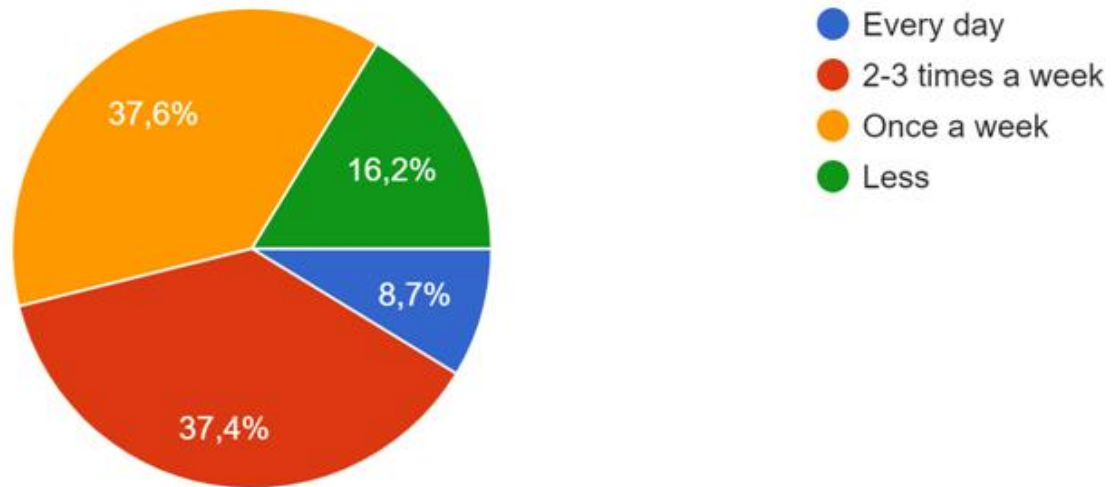


HOW OFTEN DID YOU EAT
THE FOLLOWING FOR
DINNER?

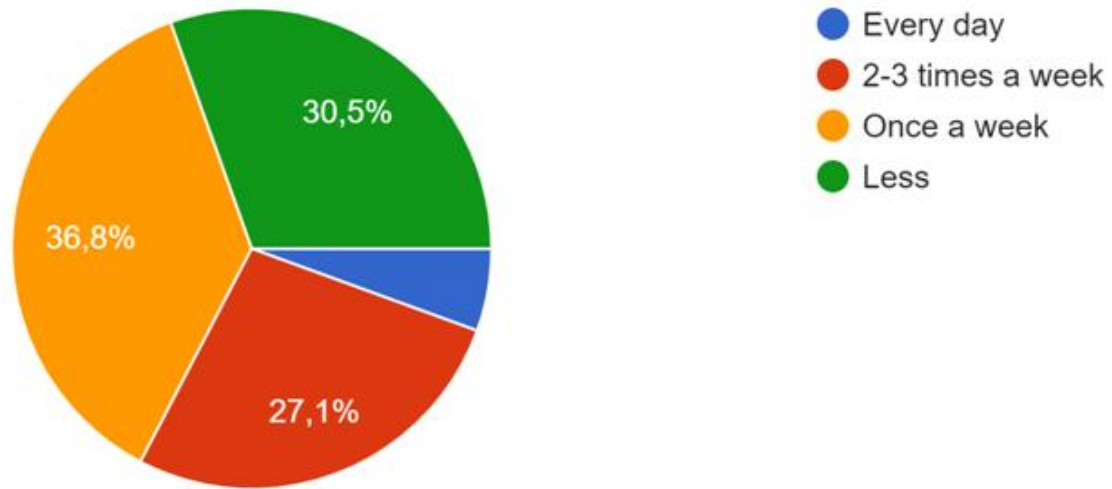
FISH



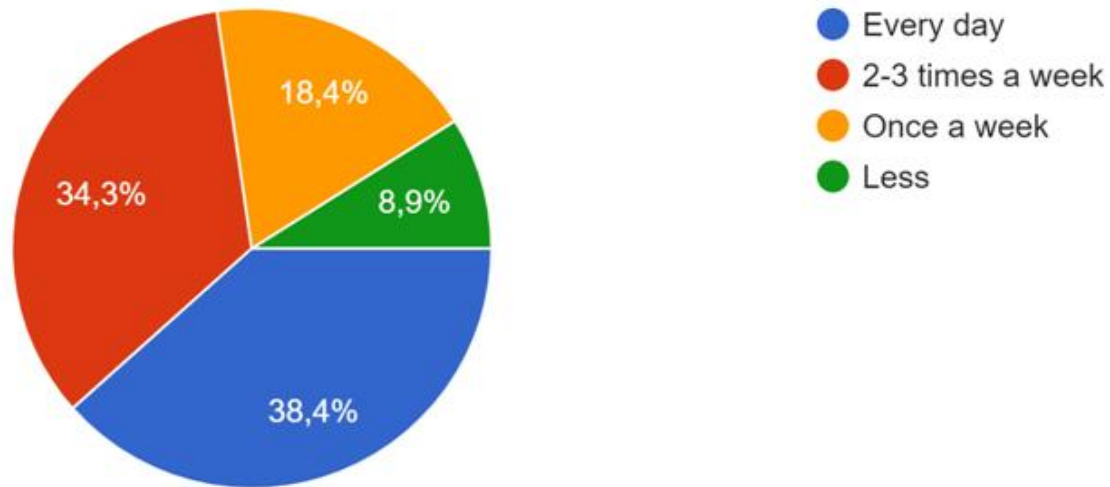
MEAT



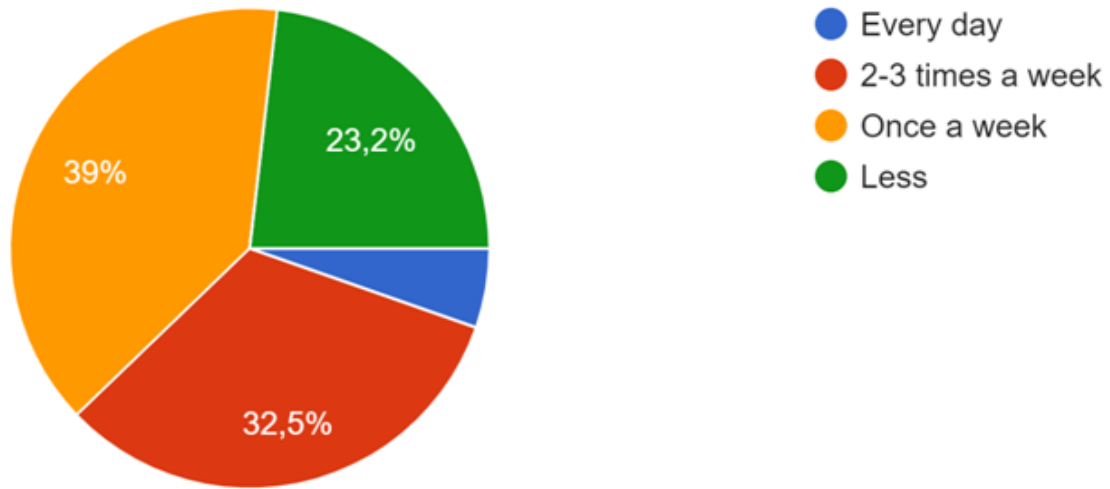
PASTA



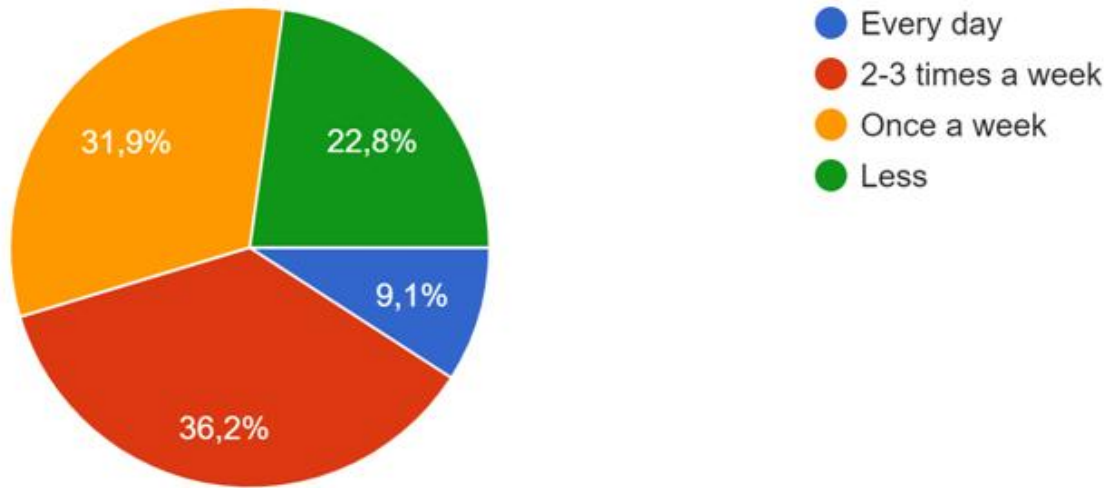
VEGETABLES OR SALAD



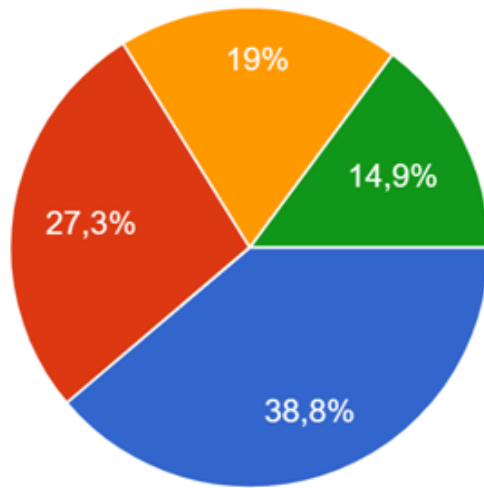
CHICKEN



EGGS

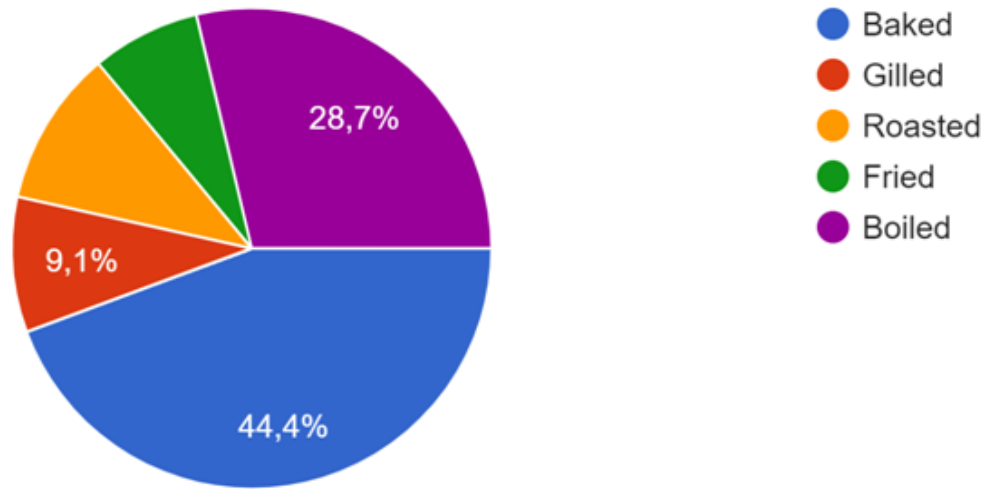


FRUITS

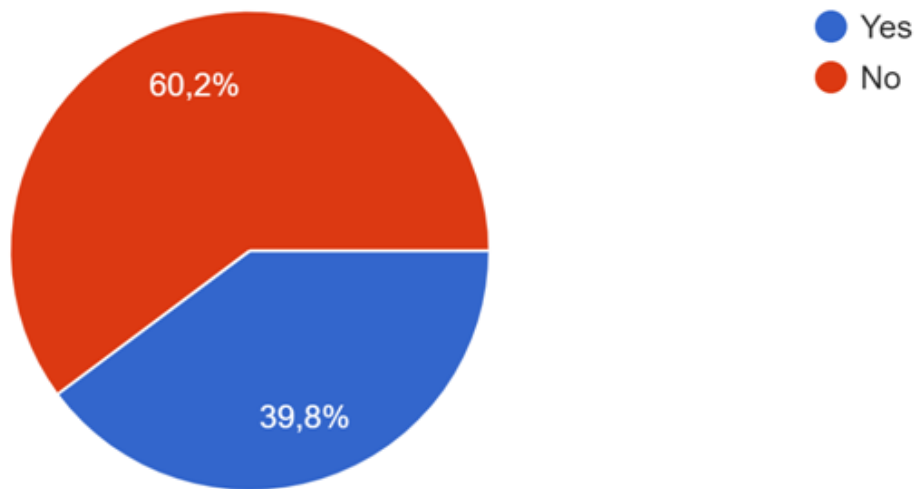


- Every day
- 2-3 times a week
- Once a week
- Less

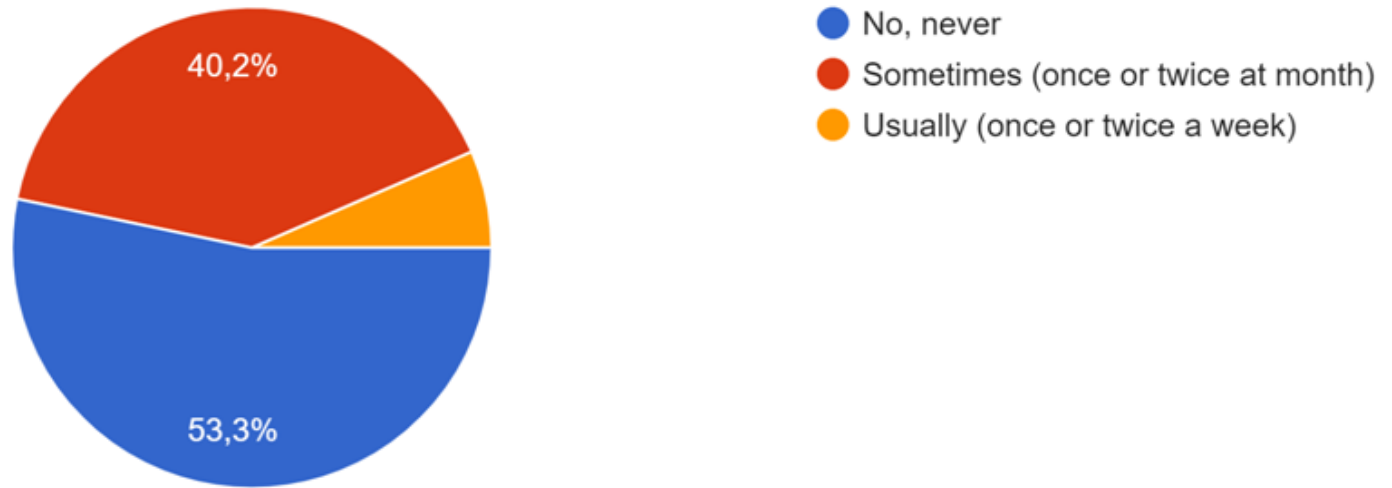
WHAT WAS THE COMMON COOKING WAY IN YOUR HOUSE?



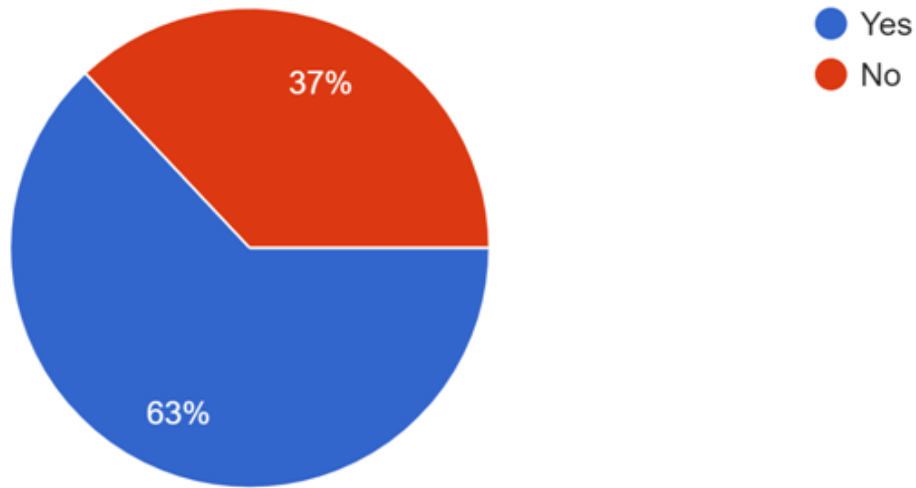
DID YOU EAT IN RESTAURANTS?



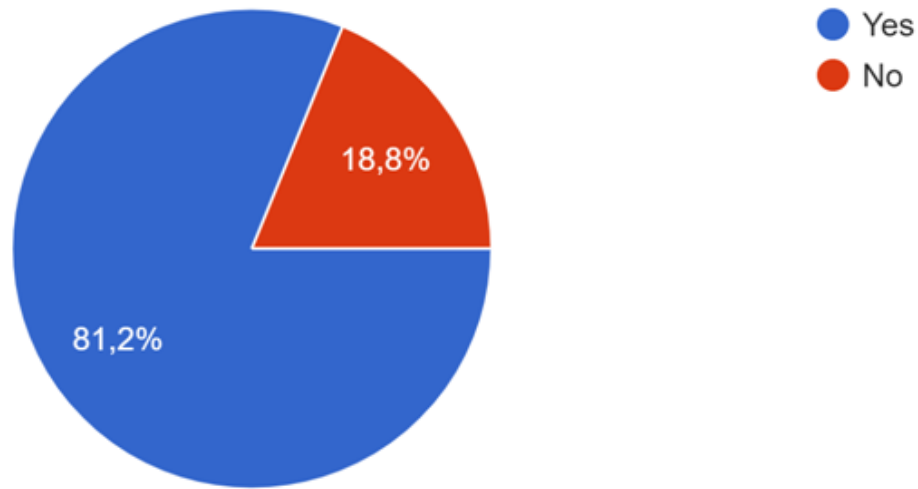
NOWADAYS, DO YOU EAT FAST FOOD?



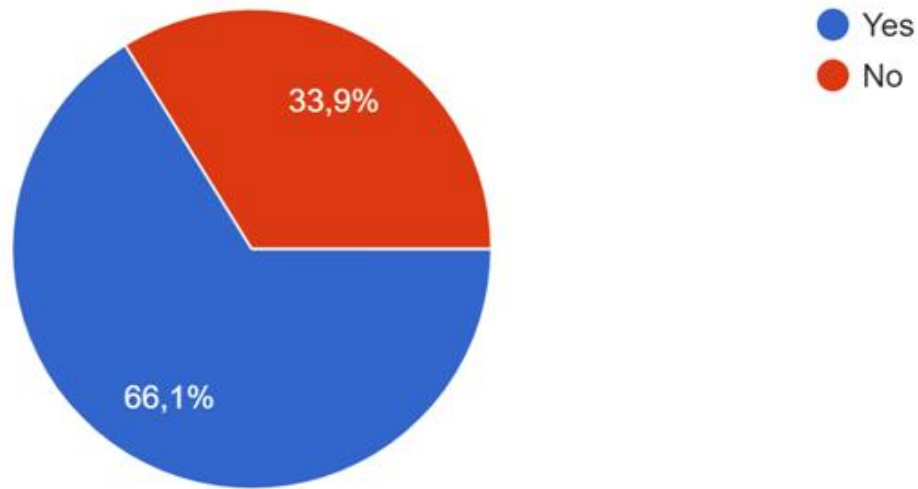
DO YOU THINK YOU USED TO EAT TASTIER FOOD IN THE PAST?



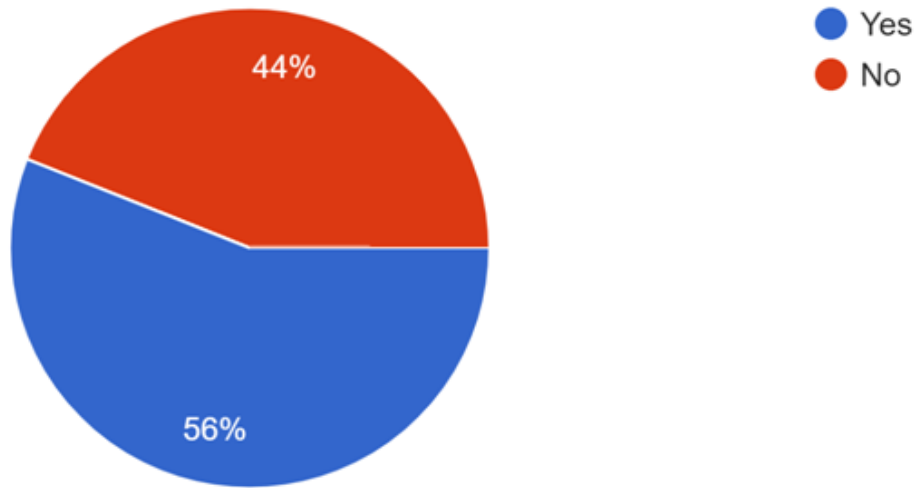
DO YOU THINK IN THE PAST FOOD WAS
DIFFERENT TO NOWADAYS FOOD?



DID YOU PRACTICE ANY SPORT OR PHYSICAL ACTIVITY?



DO YOU PRACTICE ANY SPORT OR DO PHYSICAL ACTIVITY?



THANKS FOR LISTENING!